

JULY 2020

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F.A.I.C.E.[™] Online
magazine

FASHION

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Collections Spring 2021

BRIDAL



Reem Acra
NEW YORK

This season, designers could not host a public show due to the pandemic.



Collections Spring 2021

View Full Show: www.faiceonline.com

BRIDAL



VIKTOR & ROLF

This season, designers could not host a public show due to the pandemic.



Collections Spring 2021

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BRIDAL



GALVAN

This season, designers could not host a public show due to the pandemic.



Collections Spring 2021

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BRIDAL



AMSALE
NEW YORK

This season, designers could not host a public show due to the pandemic.



Collections Spring 2021

View Full Show: www.faiceonline.com

HAUTE COUTURE



This Year Online!

The "double" Highlight of the Year!

The opportunity to experience closely, the mastery, the detail, the history and the future. Twice a year, fashion professionals arrive in Paris to watch the winter and summer weeks of Haute Couture. But this summer, Covid-19's, hopefully, temporary dominance, is overturning the annual fashion diary, and the embroideries and laces, that are crafted feverishly in the studios, will not end up on the traditional catwalks, this season !

Due to the pandemic, the Federation de la Haute Couture et de la Mode had initially announced the cancellation of July's Haute Couture Week. However, in a recent communication, the federation states that the Haute Couture Week will finally follow the new global trend of digital presentations and will be held online, on 6th till 8th of July.

The term Haute Couture is an official certification controlled by Chambre Syndicale de la Haute Couture and is regulated by specific creative specifications. The roots of Haute Couture are attributed to the British Charles Frederick Worth, who started the first Haute Couture house in Paris in 1858. Legally, the term was established in 1945. Today, the French Federation consists of 16 French members, historical houses such as Chanel, Dior, Givenchy and Schiaparelli, but also younger ones, such as, Jean Paul Gaultier. A second category of members includes 16 international houses, that meet the requirements and are listed as correspondent members - among them Armani Privé, Azzedine Alaia, Valentino and Victor & Rolf. In the third category, a group of guest members from around the world includes Iris van Herpen and Ronald van der Kemp. According to the federation, the online show program will have several absences, and the long-awaited comeback in the field of Haute Couture Balenciaga, with the Haute Couture experiments of its director, Demna Gvasalia, will not take place this year.



Although at the commercial level, Haute Couture continues to appeal to a small circle of customers worldwide, it never loses its privilege as a "backbone" of creation, a space that allows research, innovation and the development of new design boundaries. At the same time, Haute Couture protects all that savoir-faire that necessarily accompanies handmade and historical styles.

In recent years, Haute Couture Fashion Weeks have been accompanied by presentations by high jewelry companies, creating a dynamic synergy between the two related spaces.

Haute Couture week will be followed by the online French Men's Fashion Week, from 9th-13th July.

TRENDS

SHOELERRY

Fall 2020



Boots: Trends & Styles!

Summer is sandals... Winter is boots and booties!!!

We are talking about all these shoes that can replace any other pair, in any occasion and can be matched with any outfit. So winter allows and requires boots of all lengths.

If you are in the process of searching for the perfect pair, the following styles in boots and booties, are truly *wardrobe staples* for *Winter 2020*.

From the so much *in fashion*, "*hiking boots*" to the most distinctive "*sculptural heels*" all these pairs, are worth a place in the collection of every woman.

Ladylike Boots: Stylish, neutral and timeless. *Ladylike boots*, are a must have.

White Ankle Boots: White shoes have made a comeback since last year. *White ankle booties*, in every version, are the perfect match, for blue jeans and that is a good reason to give them a chance

Cowboy Style: *Cowboy boots* are not going to "disappear" from fashion. So, a modern update on the iconic track will be a smart move.

Maroon: Brown and black are the classic neutral. If you want to get away from them, *maroon (burgundy)* is the perfect alternative.

Chelsea Boots: The comment here should be, that there are, *no comments*. Black *Chelsea boots*, match everything and are a perfectly timeless choice.

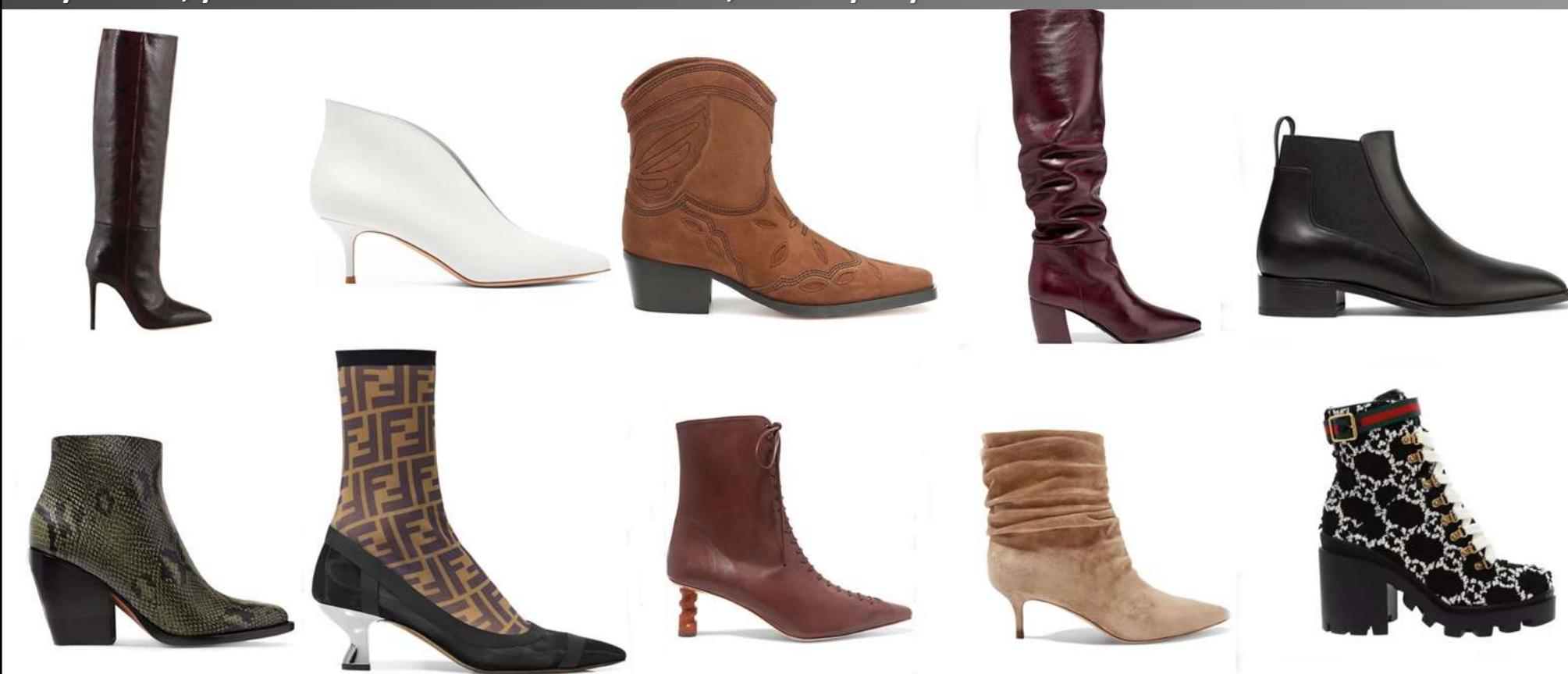
Chunky Heels: Ankle *skimming skirts* and *skinny pants*, with these booties? Matches made in heaven.

Sock Boots: With tight pants, skirts in every length and overall, as you can imagine, *sock boots* are more flattering, especially if you don't want to add volume to your feet in any way.

Sculptural Heels: A heel like *sculpture*, will turn even the simplest shoe style, into a statement accessory. Go for it!

Slouchy Design: "*Ruching*" is a trend this year, so slouchy boots are very "in". Ideally matched with *skinny pants* or *tea length* dresses and skirts.

Hiking Boots: They flooded the runways of the season so *hiking boots* have their time. Comfortable and very neutral, you can wear them in and out of town, with any of your winter outfits.



TOP ROW, fom Left to Right:

1.Paris Texas, 2.Gianvitto Rossi, 3.Ganni, 4.Prada,5.Chrstian Louboutin,

LOWER ROW, from Left to Right:

6.Chloe, 7.Fendi, 8.Rejina Pyo, 9.Gianvitto Rossi, 10. Gucci.

TRENDS

TRENDS ALERT!



2020's most Popular Trends!

2020's fashion trends, are a flashback to past decades!

Bulky shoulders, colors, suits, turtlenecks, leather, hot shorts and a lot of slits. Total looks always remain at the forefront, and dresses are tight and feminine. These are the strongest, as well as "wearable", fashion trends for this year!

TRENDS

1. Leather
2. Power Shoulders
3. Strict Suits
4. Hot Shorts
5. 80's Style
6. Long Narrow Dresses
7. Safari Look
8. Jeans Total Look
9. Slits & Nets
10. Loose Pants

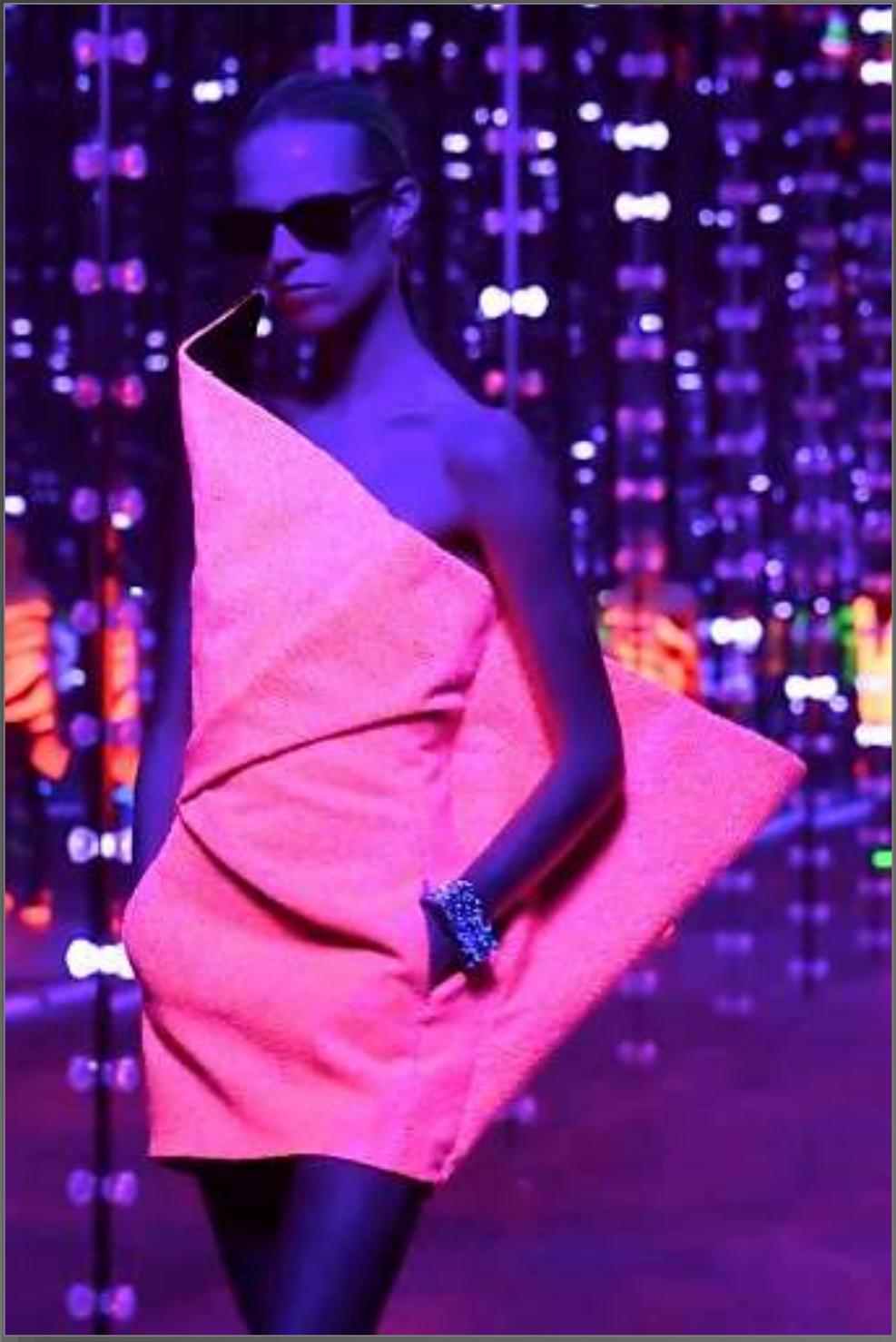
DESIGNERS

- 1a. BOTTEGA VENETA
1b. VERSACE
2a. PHILOSOPHY di LORENZO SERAFINI
2b. BALMAIN
3a. BALENCIAGA
3b. VALENTINO
4a. YSL
4b. BRANDON MAXWELL
5a. ISABEL MARANT
5b. ALEXANDER McQUEEN
6a. MARNI
6b. TOM FORD
7a. DOLCE&GABBANA
7b. GUCCI
8a. CALVIN LUO
8b. ELIE SAAB
10a. CHANEL
10b. NINA RICCI



TRENDS

fluo!



The Total Trend!

Dominant till the end of the decade!



1 *Fluo*, or Neon as you probably know it best, is one of the historical trends of the 1980s.

It appeared in 2009 in leggings and 2013 in hats and now, in 2019, it returned to fluffy knitwear and coats to brighten our days and looks.

As you can see, this is a serious investment for your wardrobe as you can wear the colorful hues even in autumn and winter.

If you're a bold reader, you can try a *total fluo look*, with yellow, lemon, pink or orange, otherwise try it partially and in small doses starting with accessories, such as tights that *Versace* presented on its runways, or contrasting with more classic colors, such as white, blue, gray and maybe warm raspberry and floral.



3 Going a step further, to next season we suggest you try:

- Oversized fluo knitted sweaters.

Oversized fluffy sweaters can work wonders on you.

To show off your silhouette, wear tight pants or play with volumes wearing a dress or skirt.

To take off your sex appeal, we have two additional tips for you:

1. Wear your oversized knitted sweater with high boots and tights
2. Leave part of your bare shoulder or neckline to make men crazy!

- Knitted fluo dresses.

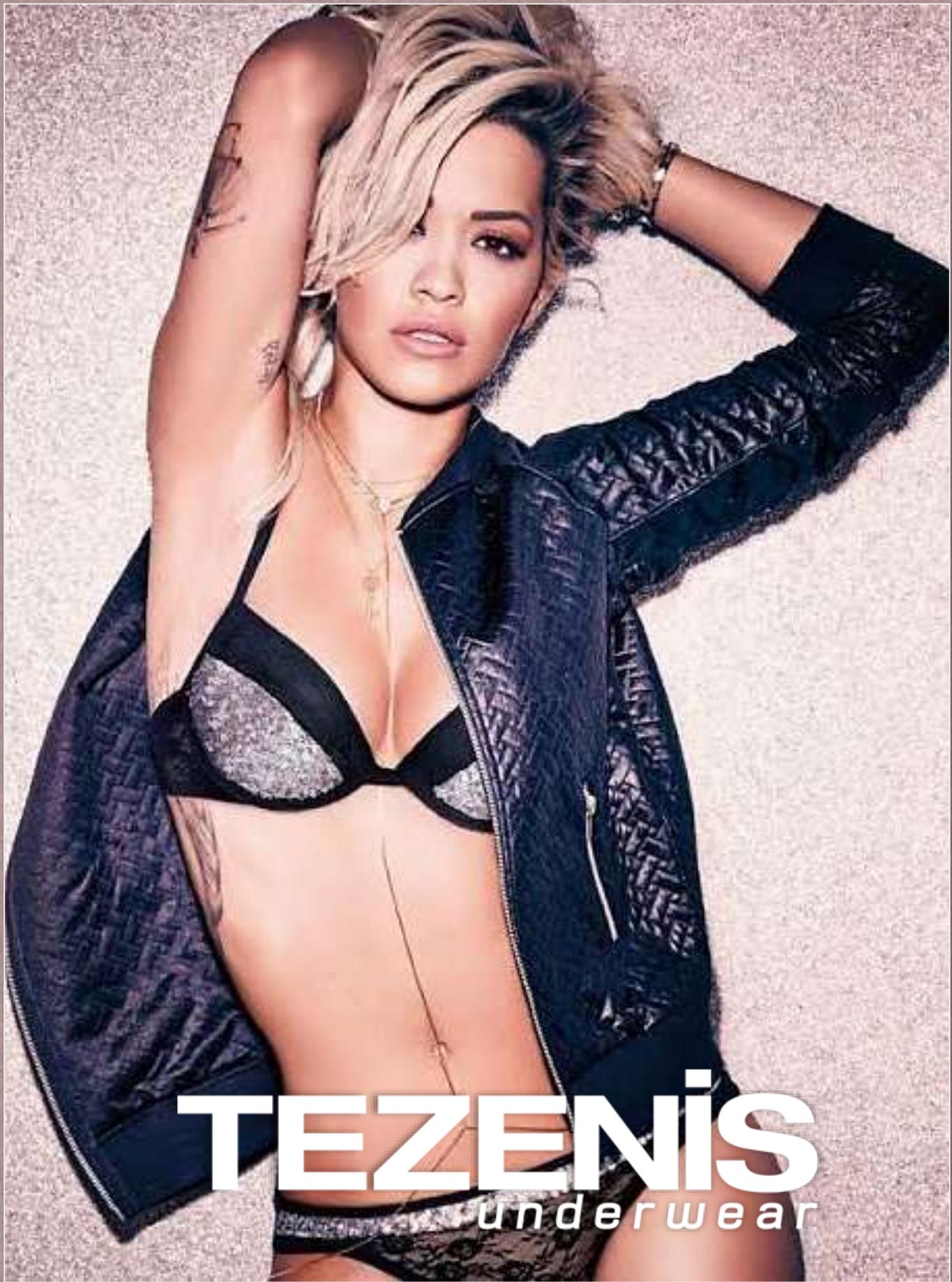
Many celebrities choose it and you can do it too. For your next outing, get ready for your fluo knit dress and use simply, lipbalm, loose or curly hair and your heels. Try it in line A or tight in the waist, in shades of green, blue and purple.

- Knitted fluo turtlenecks.

As classic white t-shirts are in every season, so do the turtlenecks for the colder days. The short-sleeved turtlenecks are perfect for wearing under your coat. If you are looking for something to enhance your look on a hazy day at work, wear a turtleneck and match it with classic pants and accessories.



1. Emporio Armani-2. Versace-3. Gucci-4. Jeremy Scott
5. Matty Bovan-6. Julien Macdonald-7. Rochas-8. Jasper Conran
9. Versace details-10. Cushnie-11. Ashish



TEZENIS
underwear

STYLE

CAMEL

COATS



Classic & Elegant!

“Camel beige” coats,

are the most classic, elegant, that match every outfit and can be worn from morning till night ... Okay, fashion can change in collars, lapels and lengths, but generally a camel coat is considered to be an “investment” in your wardrobe as you will wear it for many years and always look chic!

Let's look at 15 ways and combinations to wear your Camel Beige coat, for this winter and what famous fashion brands have to suggest!



H&M

CAMEL COAT & LEATHER PANTS

1. With leather narrow pants, flat shoes, black cap or hat and black jumper.
2. With leather narrow pants, black narrow turtleneck top and high heels.
3. With narrow leather pants or leggings, black blouse and sneakers.
4. With leather pants, black t-shirt and high-heeled beige shoes.



Mara Hoffman

CAMEL COAT & DRESSES or SKIRTS

5. With mini leather skirt, dark opaque tights and high heels.
6. With black simple short dress and straight loafers.
7. With black mini short sleeve dress, neck pearls and high heels.



Stella McCartney

CAMEL COAT & JEANS

8. With jeans pants and animal print high heels.
9. Jeans bell pants, long white blouse and over it a second white knitted top.
10. Narrow cut gray jeans, gray sweater and animal print booties.
11. With torn black narrow jeans.



Max Mara

CAMEL COAT & SHIRT

12. With wide black pants and high heels, white wrap shirt and black bra.
13. With gray shirt, tight black pants and ballerina shoes.
14. With a white men's cut shirt and black trousers.



&Other Stories

CAMEL COAT & JACKET

15. Over the shoulders, with a jacket, shirt, tight pants for great style!



Acne Studio



Zara



Loewe



Givenchy



The Row



Prada

STYLE

DANDY LOOK!



PULL IT OFF!!!

*Dandy Lady!!! ...More than a **Silent Statement!***

A timeless style that is something between “dandy”, touched up with a little “Spanish style”!

A symbol of elegance, boldness and charm!

The “Dandy Lady” is a rare woman!

She stands out through her distinction and uniqueness.

“Dandyism” is all about fascinating, strong people, with a distinguished sense of fashion and style.

What makes it timeless?

This style became popular in the late 1960s inspired by the British music scene.

Since then, it has been a “statement style” that famous designers like: Hermés, Prada, Louis Vuitton, Miu Miu, Yves Saint Laurent and Giorgio Armani and this year Dolce & Gabbana, with their “Eleganza” FW-19 Collection (full collection on F.A.I.C.E. OnLine/July 2019), suggest every year!



How to pull it off???

The “Female Dandy Look” requires a modern blazer, Oxford brogues, bow tie and billowing white shirts.

Choose men’s clothing and accessories, that fit perfectly on a female figure.

The main color palette is: black, blue, beige, brown, grey, golden, ashen, as these are the shades that prevail in the style of the dandy, in good quality fabrics.

Bulky accessories is a “No”!

Choose your accessories from Men’s accessories, such us: cufflinks, butterflies, ties, suspenders, etc.

Use of elegant hats, as well as, tie pins and brooches, bringing into the image shades of femininity.

For colder days add an over coat, in a stricter cut.

Dandy Look is appropriate at any event, for women who at any time want to look elegant and sexy!!!



MANNGO



TRENDS

CARGO PANTS



Comfy & Cool!

We loved them in the 90's, continued to wear them in the 00's...

and now the trend is returning more refined and sophisticated than ever!!!

The coolest girls in fashion and *minimal* lovers, cast their confidence in *cargo pants*, that have returned to fashion. They are comfy, cool and even they can be combined, with high heels for a style upgrade.

CARGO PANTS!

The utility trend as a whole is on the rise, from khaki pants to oversize pockets, canvas belts, and, yes, cargo pants.

Whatever your choices are on the oft-uncool pants, the fashion world has decidedly put its official stamp of approval on them and, honestly, we're here for it!

Check out our favorites and choose the ones you want for this season!



Left: TOPSHOP
Tie hem, utility pants
Right: VANGULL
High-waist, Jogger pants

Left: MIU-MIU
belted cotton gabardine tapered pants
Right: ZARA
Cargo pants with pockets



Left: ZARA
Trousers, buckled-belt
Right: I.AM.GIA
Cobain high rise pants

Left: HM
Utility pants with belt
Right: 11STORIES
Cotton, twill cargo-pants



Left: LOW CLASSIC
Belted, cotton cargo-pants
Right: TOP SHOP
Casual, cotton cargo pants

Left: MANGO
Baggy, regina jeans
Right: FRANKIE SHOP
Cargo-pants, wooden-tabs



Left: FRANKIE SHOP
Xenia, faux-leather, tapered pants
Right: ZARA
Cargo pants with zips



ANTEPRIMA

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BEAUTY

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Beauty *JULY* 2020 Shopping!



Let's Gooooooo!

Our Top Choices for JULY 2020!

Social distancing, masks, gloves, sanitizers...The new “normal” during the first half of the year... Most are tempted to give up on beauty updates completely.

Beauty routines, have changed completely, as well as priorities!

Masks and sanitizers, cover your face and have impact on your skin.

Even visiting a hair salon, or having a mani & pedi day, seems to be a “mission impossible”!

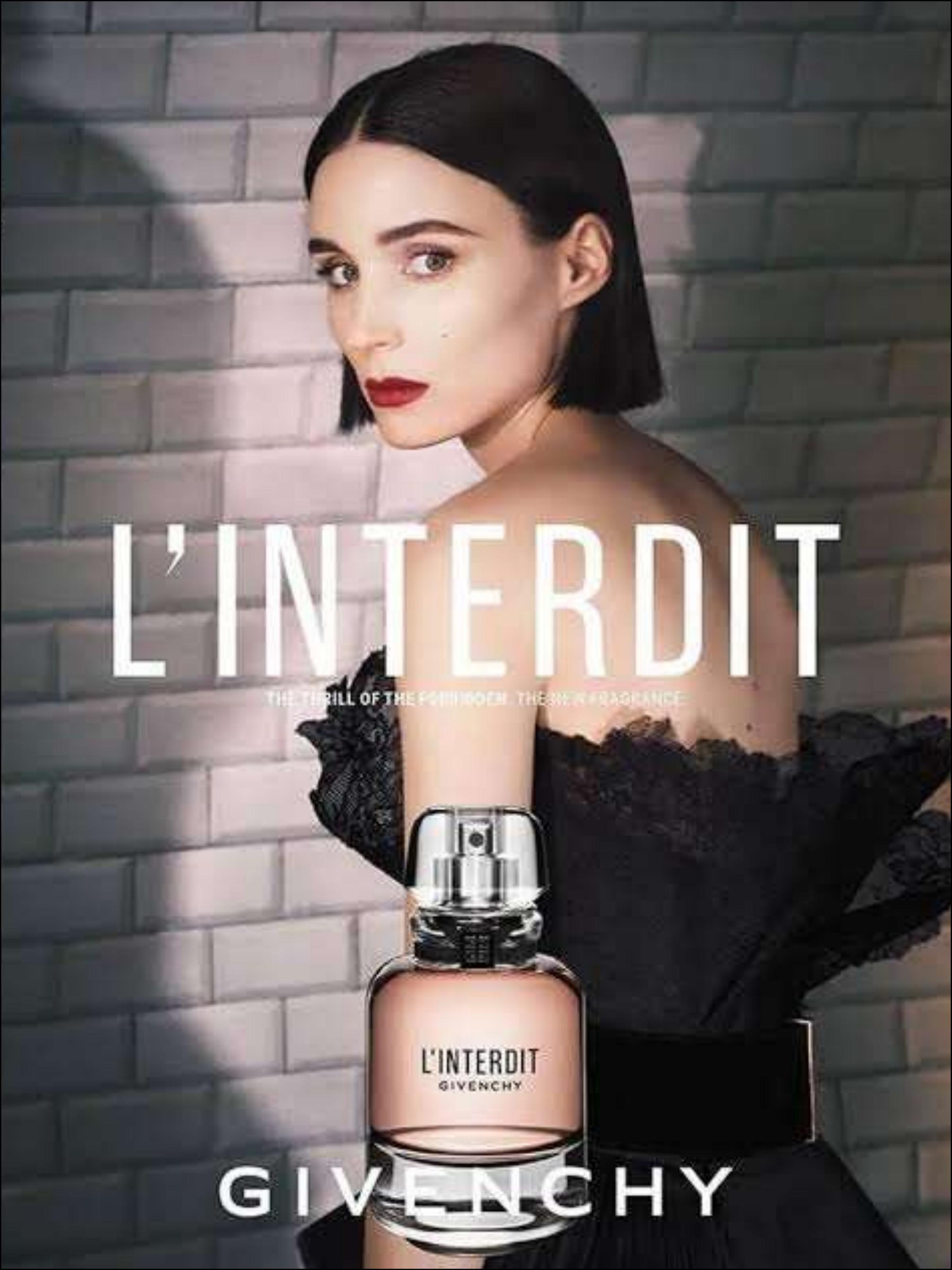
There are some beauty products you shouldn't miss even during these days!

1. **A La Nuit Trésor Nude Eau De Toilette, Lancôme:** *In this 2020's new chapter of La Nuit Trésor, we discover the most authentic love story: La Nuit Trésor Nude, a long-lasting rose perfume with bergamot, coconut and vanilla perfume notes. Shade of soft pink in a palette of romantic emotions, used to describe an authentic and delicate love, laid bare in a whirlwind of intense sensuality.*
2. **Clinique Powder Brush:** *Large, plush face brush dusts on loose or pressed powder for smooth, even application. Unique antibacterial technology helps ensure the highest level of hygiene, keep brush irritant-free. No parabens. No phthalates. No fragrance. Just happy skin.*
3. **Dior 5 Couleurs Eyeshadow Palette Color Games Collection 897 Sprint, Dior:** *The Color Games limited edition of the iconic 5 Couleurs eye makeup palette plays the field with bright colours and soft hues to create lively and playful eyeshadow combinations.*
4. **Rouge Dior Happy 2020, Limited Edition, 080 Red Smile, Dior:** *Jewel lipstick edition, with couture colour, comfort & wear. Uniform result and Bold – Daring look!*
5. **Black Opium Eau de Parfum NEON, Yves Saint Laurent:** *Dive into the spellbinding seduction of Yves Saint Laurent Black Opium Eau de Parfum Neon, an indulgent and vibrant twist on the classic Eau de Parfum. The opening notes of adrenaline-rich coffee are softened by an orange blossom heart and brightened by mesmerizing dragon fruit accord. The new Black Opium Neon bottle, designed to stand out from the classic YSL Eau de Parfum, features a new elongated shape*
6. **Pure Canvas Primer Illuminating, Laura Mercier:** *Flawless face! Smooth your skin with this silicone-free primer that instantly mattifies. Create a flawless canvas for makeup application and extended wear.*



FROM LEFT TO RIGHT:

Top Row: 1. A La Nuit Trésor Nude Eau De Toilette, Lancôme, 2. Clinique Powder Brush, 3. Dior 5 Couleurs Eyeshadow Palette Color Games Collection 897 Sprint, Lower Row: 4. Rouge Dior Happy 2020, Limited Edition, 080 Red Smile, Dior, 5. Black Opium Eau de Parfum NEON-YSL, 6. Pure Canvas Primer, Laura Mercier



L'INTERDIT

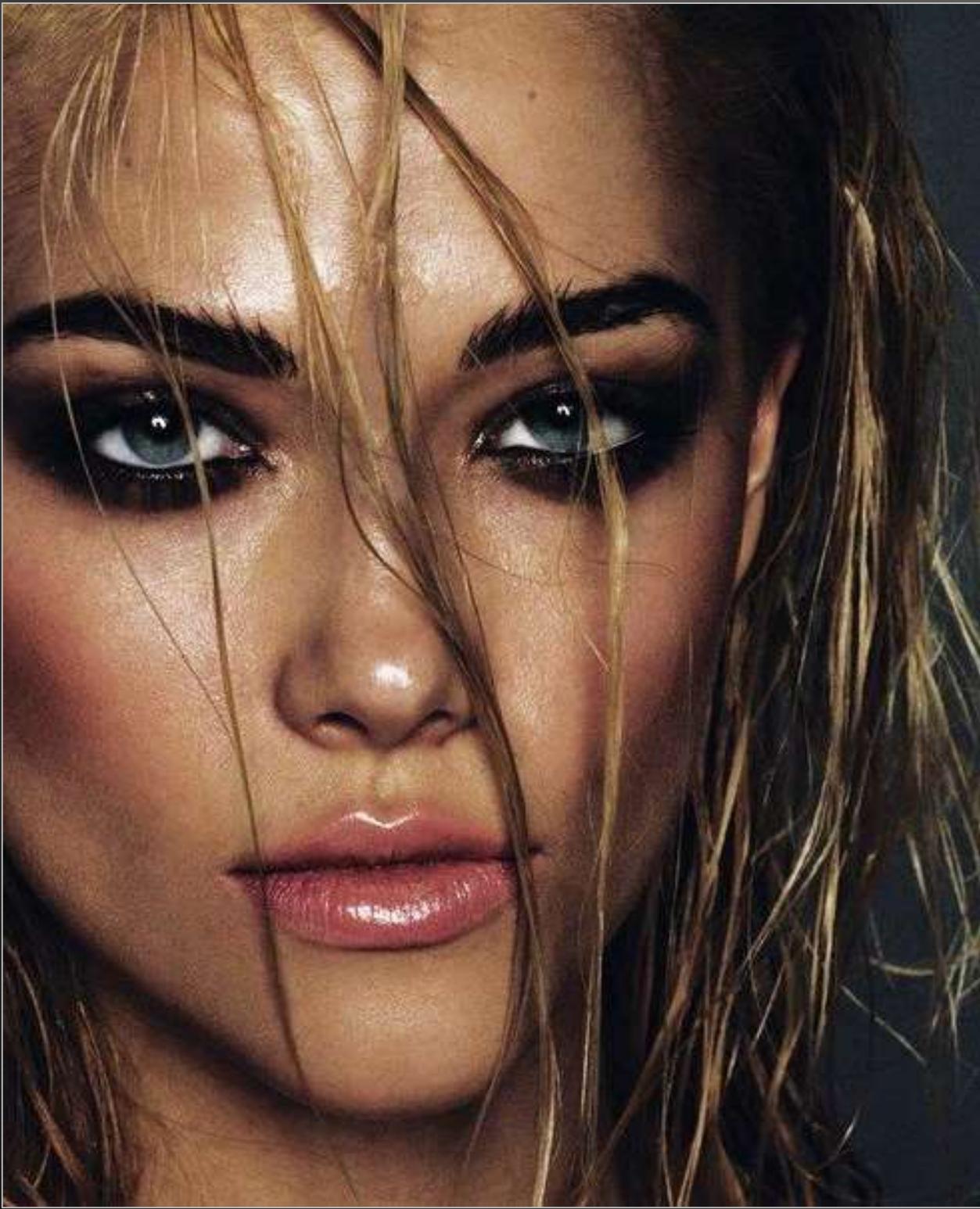
THE THRILL OF THE FORBIDDEN. THE NEW FRAGRANCE.

L'INTERDIT
GIVENCHY

GIVENCHY

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GRUNGE SMOKEY!



Your "go-to" Look!

A little messy. A little shiny. A lot of black eyeshadow!

That's the essence of the '90s grunge smoky eye.

As we all know, the '90s trends are back and this relic of a beauty look is coming along with them. We saw this smokiest of eyes on the *Fall/Winter '20-'21* runways from *Max Mara*, but you don't need high fashion, to cash in on this trend.

This can be your “go-to” makeup, for any night-out or parties, since it's so easy and simple. You can go as dark and intense as you want, and you can even go messier if you need to.

Smoldering, sexy and effortless, you can achieve this look in less than ten minutes!

For this look, you can use black eyeshadow all around, but if you like some warmth on your “smoky eyes”, choose to add non-black shadow.

The key to this look is to use an eyeliner that is soft, and doesn't set easily.

You don't have to be precise for this look.

We suggest skipping “the falsies”, if you want it to look a bit more “grunged” or rocker chic!

No “falsies”, is glam! Well, of course you can use “falsies”, just once you use falsies it's no longer grunge and messy. It becomes very glam.

STEPS TO FOLLOW:

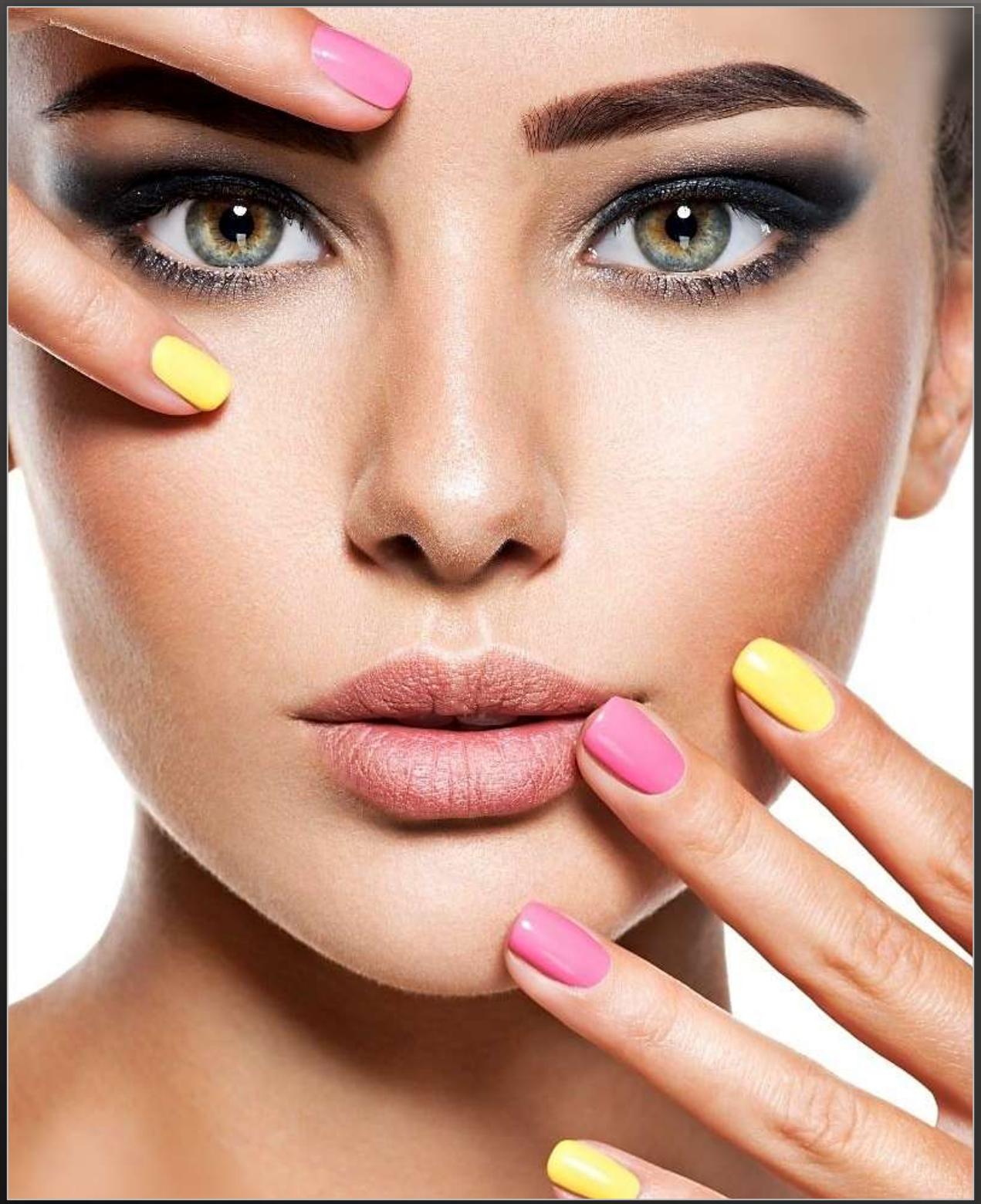
1. Using a good **eyeliner**, line your upper lash line. Don't worry about it being imperfect.
2. Dot the same **eyeliner**, on the outer part of your eyelid.
3. Using a **pencil brush**, lightly smudge the eyeliner before it has the chance to set.
4. Apply **eyeshadow** all over your eyelid all the way up to your crease using a blending brush.
5. Spray water on your flat **eyeshadow brush** and apply loose **Color Pigment (Tan)** on the inner half of my eyelid.
6. Using a **smudging brush**, apply **eyeshadow** along your upper lash line, winging it slightly on the outer part.
7. Use the same **eyeshadow** and **brush** as on *step 6*, on the lower lid. Line your waterline and tight line using **eyeliner**.
8. Curl your lashes and applied several coats of **smoky lash mascara**, on both upper and lower lashes.
9. Fill your brows using a **slim retractable pencil** for a precise detailing.
10. Lightly apply **eyeshadow** just above the crease, to blend out the eyeshadow a bit more.
11. On your face, I apply **foundation** using a cream **foundation brush**.
12. Under your eyes, apply **concealer**.
13. Set your face, by lightly “dusting” a translucent **powder** with a large **powder brush**.
14. You can also apply a **contour powder** under your cheekbones and on your temples, and very lightly on the sides of your nose.
15. Apply a **blush** on your cheeks, and a **highlighter** on top of your cheeks, on the bridge of your nose and on your cupid's bow.
16. On your lips, apply a little bit of **foundation**, from whatever is left on my foundation brush. Then, add a **glossy stain** in peach shade, for that **nude peachy lips look**.



MAX MARA
Fall 2020-21

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THE TOP



Products & Trends!

Flawless **M**anicure, is a must for a beautiful look!

Of course, sometimes this is easier said than done in practice, as the duration of the effect, depends on our daily lives and the quality of the products used.

If you are doing your manicure, by yourself, at home and you wish to invest in quality products, that promise a perfect application and long lasting, these are, our *Top Suggestions*:

OPI Infinite Shine We're In The Black: *This inky black long-wear nail polish is cha-ching chic! Infinite Shine is a 3-step system which provides up to 11 days of wear and gel-like shine. Rich color and long lasting, is the ideal lacquer choice without the use of a lamp.*

Dior Vernis Rouge 999: *A gel-effect nail polish, featuring an advanced formula that provides you with glass-like shine and extended wear. This beautiful eye-catching red is created with special pigments that give off vibrant, intense color and a new precision brush that provides the perfect amount of polish in a single sweep. The Nail Lacquer is easily removed with nail polish remover.*

Orly Bonder: *One application is enough to fill nail lines, protect them from being "soaked" from the nail polish. This award-winning formula, dubbed as "double-sided sticky tape", grips nail polish to the nail surface for long lasting wear of up to two weeks.*

Seche Vite Dry Fast Topcoat: *Seche Vite Dry Fast Top Coat is widely acknowledged as the world's finest top coat. Its formula penetrates through the nail lacquer to the base coat forming a single solid coating over the nail plate for a more durable finish, guaranteed not to yellow and leaves nails silky, stronger and resistant to chipping and peeling.*

Essie Apricot: *This cuticle oil absorbs quickly to instantly condition and protect cuticles from dryness and provides nourishing moisture. One application and get the perfect manicure. Its wonderful aroma, which will make you want to use it daily!*

Essie Color 05 Allure: *Fit for royalty, this seductive sheer nail polish with a natural finish is a favorite of brides everywhere. perfect for a French manicure or a demure nail look.*

One of our favorite habits is to experiment and look for the nail styles with the most distinctive shades, and the most unique designs. All this of course according to the *Trends in nail art*.

This winter, nail trends can satisfy every woman, as you can all find one that suits your style.



FROM LEFT TO RIGHT:

- OPI Infinite Shine We're In The Black**
- Dior Vernis Rouge 999**
- Orly Bonder**
- Seche Vite Dry Fast Topcoat**
- Essie Apricot**
- Essie Color 05 Allure**



FROM LEFT TO RIGHT:

- Cow Nails, Black Marble Nails, Milky-White Acrylic Nails, Ombre Nails, Tortoiseshell Nails**



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PRIMERS!



A Beauty Essential!

PRIMERS: It should be a "Must" in your Beauty Kit!

Think of *primers* as an expensive underwear, you would choose to wear under your favorite dress . it emphasizes the right points while at the same time it is hiding imperfections.

Simply, the *primer* is exactly what its name implies: It is a product applied after the daily grooming routine, to create the ideal makeup base. The market is now full of *primers* with different properties and ingredients, in the form of a hyaluronic acid serum hydrating, with sun protection and classic silicone ingredients, that give a uniform appearance and eliminates imperfections.

In terms of application, experts recommend using your fingers, as this way is the best and easiest way, and we should let the primer stabilize for about a minute before moving on to the next steps.

Whether you need to hide the fine lines, that are sometimes accentuated by applying a foundation, or you want an even skin, the solution lies in primers. Additionally, dermatologists insist that they improve the dilated pores, while preventing makeup residues from penetrating.

As an invisible filter that protects the skin, while at the same time serving as the perfect base for makeup, *primers* are one of the essentials, that should not be missed by any make up kit.

In order to choose the perfect *primer* for your needs, here is the ultimate primers guide.



FROM LEFT TO RIGHT:

- Under (Cover) Blurring Coconut Face Primer - Blur-fection, Marc Jacobs
- Iconic Primer Stick, Smashbox
- Primer Plus Mattifier, Bobbi Brown
- Complexion Enhancing Primer, Tom Ford
- Prep & Matte Mattifying Make-Up Primer, Lancôme



FROM LEFT TO RIGHT:

- Foundation Primer - Blemish-less, Laura Mercier
- Dior Backstage Face & Body Primer, Dior
- Pro Filt'r Instant Retouch Primer, Fenty Beauty by Rihanna
- Wonder Glow Instant Soft-Focus Beauty Flash, Charlotte Tilbury
- Skin Fetish: Sublime Perfection Primer, Pat McGrath Labs



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YVES SAINT LAURENT



THE NEW FRAGRANCE OF FREEDOM

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Hair Mist!



DIY Beauty!

There is no nicer feeling than the one your hair leaves when you smell it!

As a good conduit for odor absorption, your hair can hold the scent of a product, from morning to evening.

The secret is to always use the right products, the ones that will give them deep *nourishment* and *hydration* in the full and never neglect hair care!

Then, you can make your hair, irresistibly appealing by applying small amount of your favorite hair mist, which you do not need to spend a fortune on, since the instructions below give you the ability to make it at home!

You just have to decide which scent, you want to define the aroma of your mist and everything else is a toy!

What you will need:

- 40 drops of essential oil which will be the main aroma of the product (*for example jasmine*)
- 2 teaspoons of jojoba oil
- 100 ml of rose water

Steps to follow:

- Mix the essential oil of your choice with the jojoba oil.
- After creating a homogeneous mixture, add 100 ml of rose water.
- Stir well and the hair mist is ready.
- All you have to do, is put it in a spray bottle.

*"Invest in your hair.
It is
the crown
you never take off!!!"*



JOY

DIOR

THE NEW FRAGRANCE

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Skin

Science



The solution for healthy skin!

The debate over skincare is growing!!!

The choices are many, as there are products and treatments, that promise miraculous results. And since the beauty of the skin depends on skin health, *Elemis*, which has introduced new technologies and specialized treatments, delivers the solution with the brand new *Ultra Smart Pro-Collagen range*.

These are four products that prevent and combat the signs of aging, by incorporating all the powerful nutritional properties of seaweed.

Ultra Smart Pro-Collagen, is a range of uniquely engineered treatments that cleverly mimic the resilient appearance of younger skin. This clinically proven* serum, formulated with 12 specialized algae and ULTRA SMART Drone Peptide Technology, targets multiple signs of aging.

Together with targeted technological dispensing systems that enable maximum precision and efficiency, they enhance the natural process of skin renewal and encourage optimum skin function, preventing the appearance of wrinkles and fine lines.

The 34 different varieties of seaweed are found in both freshwater and sea ecosystems and can thrive in extreme conditions, from frozen Arctic waters to the Dead Sea. They are also capable of producing compounds and secondary metabolites, including vitamins, minerals, amino acids and polysaccharides, creating a natural chemical defense shield against environmental attacks.

Elemis President and Co-Founder, *Noella Gabriel*, points out that :

"The Ultra Smart Pro-Collagen range is the perfect fusion of nature and technology. The products have been developed with state-of-the-art technology, such as drone peptides, which release active ingredients wherever and whenever needed."

The groundbreaking *Ultra Smart Drone Peptide Technology* targets areas of the face with hyaluronic acid, while *Ultra Smart Line Fighting Complex* is designed to support the natural management of skin focusing on deep lines and wrinkles, improving skin elasticity!





MOSCHINO

EAU DE PARFUM



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NUDE SKIN



The Art of Nude!

Transparent skin, bare lips and eyelids, manicure in natural shades.

This is the strongest trend in makeup! Top Fashion Houses, such as *Chanel, Isabel Marant, Rochas, Burberry, Brandon Maxwell*, glorified Nude Make up, during their latest shows.

Take it step by step, using these “key-products”.

1. **Highlighter Palette, Better Than Platinum Baked, Catrice:** Thanks to its luxurious silky texture, this Highlighter Palette underlines the individual radiance of the wearer, for naturally beautiful make-up with a soft glow.
2. **Vinyl Cream No 421 Yves Saint Laurent:** The creamy lip stain melts and drenches lips in high-coverage colour that feels nourished and smoother day after day. Vinylized shine and ultra-pigmented colours provide comfortable hydration for up to 10 hours.
3. **Rare Rose Serum, Jurlique:** Jurlique Moisture Plus Rare Rose Serum is a lightweight serum for normal to dry skin types that intensely hydrates. The gel serum contains rose extract and dwarf lilyturf root extract to protect and strengthen the skin’s natural lipid barrier to prevent water loss. Skin is left plump with a fresh glow.
4. **Rouge Allure Ink Fusion No 224, Harmonie, Chanel:** A new-generation of long-lasting ultra matte liquid lip colour to make a bold impression. Immediately fuses with the lips to leave its imprint for a makeup-free sensation.
5. **Free the Nudes Color Riche Matte, L' Oréal Paris:** Highly pigmented, super matte finish - In one stroke, experience rich lip color and comfortable wear. Lip tone nude lipstick shades that enhance the natural color of your lips - 16 Nudes for every skin and lip tone -The End Result: Your lips but better.
6. **Eye Focus Single Eye Shadow Compact, Cozy Grey, M.A.C.:** Highly pigmented powder. Applies evenly, blends well. Can be used wet or dry. Available in a wide variety of textures and finishes
7. **Morello Matte Lasting Lip-fluid Romantic Nude, Korres:** Long lasting liquid lipstick for a perfect matte finish, rich color in a single pass and ultimate lip comfort.
8. **Gel Natalia Siwiec Venice Love Me Tender Indigo:** Indigo hybrid gel polish. available in 7ml. Sweet, powder shade of pink, perfect for a romantic date on one of the Venetian canals.
9. **Color Tattoo, 24h, 150, Socialite, Maybelline:** Color Tattoo® Up To 24HR Cream Eyeshadow. Bold, super-saturated waterproof color impact for a look that lasts all day.
10. **SOFT-CRAYON-No-221,HEAVEN, ERRE DUE:** Soft creamy pencil lipstick for a natural lip effect. Rich in color, contains shea butter for hydration on the lips that lasts up to 3 hours.

Top Tip: The secret for an immaculate finish, is the correct skin hydration, before make-up and for the ideal “matchy-matchy” look, your nails must be in the same color shade with your face!



By

Christian
Louboutin



B
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CREAMY PINK



Pink Blush...all Year Long !

Your Beauty Ally all year long!

The best creamy blushes, can be your “Beauty Ally” from summer to winter!
A creamy blush can be part of your everyday makeup!

Now, why choose a creamy blush?

In essence, what a creamy blush does, compared to the powder ones, is that it enhances the sun-kissed appearance of the skin you have acquired during summer and still assists for a healthy and tanned look, even during sun shining winter days.

The great thing! They are easy to use and apply, as you can spread them with your fingers, without having to use brushes or other tools, coating your skin with a healthy glow, in the moment!

So, we decided to make a list of my favorites below... Voila!

1. **Bobbi Brown Pot Rouge For Lips & Cheeks:** Our favorite and all time classic choices in our beauty collection. With a wonderful creamy texture, it is not “stickie” at all, it gives a natural, shine to cheeks and lips, with just one application.
2. **Milk Makeup Lip + Cheek Stick:** It's one of the newest and hottest arrivals. Easy to use, ideal for blending and layering, so that the color intensity, is in your hands. Lip + Cheek Stick, is absorbed instantly thanks to Milk Makeup’s, Milk Melt technology for a perfect result.
3. **Shiseido Minimalist Whipped Powder Blush:** With a super light texture, it is designed to help any woman to achieve a natural "health" effect on her face. What else do you wish?
4. **Sisley Phyto Blush Twist:** Long lasting, this sticky blush gives wonderful color to your cheeks and lips.
5. **NARS Liquid Blush Orgasm:** A drop is enough to give your cheeks a cool, translucent iridescent glow, thanks to its fluid and silky composition. It provides you with an absolutely natural effect.
6. **Giorgio Armani Beauty, A Line Blush:** It immediately becomes one with the skin, giving it a healthy and radiant look. Its “Plus”: thanks to the unique velvet applicator, it selects the perfect quantity, for an error-free application.
7. **Laura Mercier Crème Cheek Color:** Creamy blush designed to provide beautiful and natural color, to the cheeks with a soft, velvety finish. Illuminates the skin and provides a healthy look.





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LIFESTYLE

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THE CHEATER



Once a Cheater...always a Cheater!

Cheating has become a norm...

When To Let Go?

The door slams behind your cheating partner, and you can finally dust off your hands. Sure, you're still in pain, but you're confident you've made the correct decision to end the relationship. After all, *"once a cheater, always a cheater,"* right?

Not so fast. Experts are now saying there might be hope for relationships torn apart by infidelity. Is there a chance for yours? ...Find out...

As with most things in life, the reason why a person chooses to cheat can be complicated. Are they a sex addict, or was it a momentary lapse in judgment?

Psychotherapist Esther Perel notes four main reasons why a person may cheat, even if they're actually happy in their relationship:

- *Self-exploration,*
- *Seductive nature of transgression,*
- *The draw of lives not lived,*
- *Feeling new (or repressed) emotions.*

On the other hand, your partner could have an underlying *addiction* or personality imbalance that contributed to their cheating. In many cases of betrayal, relationship problems are also a factor.

So, the first step on the road to reconciliation or permanent parting is to ask a hard question:

"Why did my partner choose to cheat?"

The answers you find can be your guide toward deciding whether the relationship can be saved.

Finding The Willingness To Work: One of the first tip-offs that a person may cheat again is their unwillingness to reflect and figure out why the affair happened. If your partner shows little interest in discovering the underlying cause of their cheating or putting in the work to grow from those causes, then it's time to move on.

According to psychotherapist Matt Lundquist:

"It requires some major work. If your partner has cheated on you and they don't do that work, they will cheat on you again. I don't think it's just a risk, I think it will happen again."

Repairing a relationship takes work on the part of the person who lied, as highlighted in a new study.

The results show our brains adapt to dishonesty. Essentially, the more we lie, the easier it becomes to lie again. So, the unfaithful partner has an uphill battle to fight and must be genuine in wanting to change. Neurologically speaking, the odds are against them.

When To Rebuild: Obviously, every case of infidelity is different. You must ask yourself if you really want to consider rebuilding your broken trust, or if you are too hurt to do so. If you do decide to try and repair the relationship, look for these signs that your significant other is sincere:

- *Instead of just saying they'll change, they act on it*
- *They keep trust at the forefront by keeping commitments and being honest*
- *They listen to you and show empathy*
- *They resolve conflicts in a healthy way.*

When To Let Go: If you're no longer invested or interested in continuing the relationship, there's no guilt in letting it go. However, if you're willing to fix your problems, but your partner shows these signs, it may be a wise choice to say "so long."

- *They argue with you over insignificant things*
- *You aren't on the same page physically, emotionally, and mentally*
- *They don't take responsibility for the affair and blame outside factors*
- *They've cheated before*

The fact is, that in the majority of the above cases...

Once a Cheater...always a Cheater!

“PAPER CLIPPING”



Victim or Victimizer?

“Paperclipping” Flirting!



Have you also become a victim of the annoying “paperclipping flirting”? it seems like imaginative names are trending lately, in order to describe situations or different types of flirting, which we pretty much have all experienced at some point in our lives. Who would forget, for example, “tat-calling”, as a ...common way of flirting.

A not so new, kind of flirting that seems to have popped up in recent months, is the “paperclipping”. What does this name mean?

The word *paperclip*, means a connector, and the most famous connector in the world was called “*clippy*”, the personal assistant *Microsoft* had created a few years ago and all *millennials* remember to pop up ...uninvited in Microsoft Word Windows, trying, in vain most of the times, to help us with various tasks.

It was certainly so irritating that Microsoft decided to withdraw it, in 2007, saving it from several curses of Windows users, since it didn't really help at all. It just dropped and it didn't let you forget its existence.

Hmmm, does that remind you of anything?

The inspiration for calling “paperclipping” the most annoying kind of flirting came in the summer on various American media when they saw a sketch of illustrator *Samantha Rothenberg* go viral.

In this sketch she had the “*clippy*” saying:

- “SOMETIMES I POP UP FOR NO REASON AT ALL. LIKE NOW”
- “SEE, THE TRUTH IS I'M DAMAGED, FLUKY AND NOT PARTICULARLY INTERESTED IN YOU”
- “BUT I DON'T WANT YOU TO FORGET THAT I EXIST 😊”.

Many have occasionally used or sent similar messages to an “ex”, just to keep the person ... “in the game”

In other words, it is also known as “Safe keeping Syndrome”, when you do not want the other person for something serious, but there are times when you are having a good time, “fun”, especially in the sexual part and you do not want to be forgotten or erased, from his “available contacts list”.

That is why you appear in the most odd times, showing that you exist, without making any sense at all... e.g. suggesting to go out for a few drinks, with one hour's notice, on a Friday night... 😊!

This kind of “flirting” is probably the worst, but also the most annoying and irritating, especially when the feelings are not balanced.

...However, it is quite common nowadays...

Mr Right!



Find Him & Attract Him!

It's 2020 and online dating has been around for a while, but so have those situations where your best friend wants to introduce you to her cousin's friend who would be a perfect match for you.

It may seem simple enough to just go on a blind date and see if there is a spark, but you might want to know some more details about your prospect-date, before you go.

BEFORE

All you need to do is enter his name and run a search to social media accounts, including dating profiles, locations, and more. That will give you the first indications about his "friends", habits, preferences, even personality from the way he comments to others' posts.

However, finding Mr. Right means a lot more than diving into his background.

AFTER

Here are some simple steps to find your ideal partner in 2020.

- 1. Check His Background:** There are certain red flags you should be looking for specifically:
Arrest Records: An arrest record may not mean a conviction, and it may not even be a deal-breaker, depending on what the offense was. You just want to make sure your date is honest with you, if he had a criminal past. If he's lying about it, run the other way.
- 2. Social Media Profiles:** Does his Facebook profile indicate he was recently in a relationship? Are you his "rebound girl"? Unless he plays in the NBA, you may not want anything to do with him.
- 3. Previous Addresses:** How recent was his move to your area? Is he telling you the truth about his location history? If not, you may want to at least find out why. Of course, everyone has a past, and a background check won't necessarily reveal the finer points of your potential partner's personality. They may not have anything negative in their past at all, but if they do, you deserve to know.
- 4. Meet His Family:** You may have heard that the way a guy treats his mother reveals how he will treat his partner. While that is not always true, you can tell a lot about a guy from his relationship with his mother and his broader family, how they treat each other. While this topic might not be ideal for a first date conversation, it is a good discussion to have before you decide on Mr. Right. In some cases, his family may not be in the area or still living. If things look serious, consider a trip or talking with her on the phone. If she has passed to the world beyond, you should try to sense, of your significant other's relationship with his mom by the way he speaks about her. Is his tone fond or bitter?
- 5. Clear It With Dad:** You may still have nightmares about your father being moody, sitting in the living room when your dates came to pick you up in high school, but he may have been on to something. Fathers tend to have good instincts about other guys and who is good for their daughter. After they meet, ask your dad what he thinks of your new love interest. If Dad says no, that doesn't mean you need to break things off immediately, but you should ask him why he doesn't approve. Is he picking up on any red flags you missed?
- 6. Meet His Friends:** The truth of the matter is, you are who you hang out with, and meeting his friends will tell you a lot about your man. If his "bros" are a bunch of jerks, he probably is, too. He might just be showing you his good side when he is with you. It's easy to put on a front for your girl, but it is harder around your friends. His friends are also probably not trying to impress you, so you can see his true colors by having a simple party and inviting his friends over. Free beer and pizza will bring almost anyone running.
- 7. Check his driving behaviour:** If your new love interest is driving drunk and throwing caution to the wind in terms of personal safety, you might want to reconsider your connection.
- 8. Go To His Place unexpectedly:** At some point, you need to see how he lives if he is going to be Mr. Right. The way he keeps his house will show you whether or not he will respect yours. Even if he lives with roommates, you can learn a lot about his living habits by observing his personal space.
- 9. Introduce Him To Your Pets:** Believe it or not, your dog or cat can help you narrow down your dating pool. As they say, the personality goes down the leash, and your animals tend to mirror your personality. If he can't stand your beloved pet, he's recoiling from something that truly matters to you, or if he's not willing to budge on at least giving your pet a chance, you might be... incompatible.

Finding a date is easy. Finding Mr. Right will take some work!!!

MIRRAOЯ

THEORY



The Impact of Other People in Our Life!

Every person who goes through your life, reveals you something about you!

The people we meet act as mirrors, that reveal, reflect, what is inside us.

That's why when you admire, something that a person has, it's because you recognize it.

You also have, within you, what is causing your admiration, even though you haven't discovered it yet.

How many times do we blame others, or get angry with others, when they actually, just show us a side of their personality, we don't want to acknowledge, that we also have?

When you look at the other because you don't like what you see, you deny a bit of yourself.

You reject a lesson, that will allow you to overcome a number of fears and advance your self-knowledge.

Dealing with something, or facing a problem, means that you are standing in front of what you do not want to see, because there is the lesson we all need. We also tend to show our own feelings to others.

Every time someone, tells you the objective truth and you deny it, getting upset, is simply because you know it's the truth that you don't want to accept, but it still "lives" within you!

If you feel insecure, or deprived of love, it is very likely, that every time someone says something to you, you will not trust or believe the person.

Why? Because what we have inside us, is outwardly reflected.

If you are stressed or anxious about something, you may think that those who are by your side are also stressing or anxious whenever you notice something strange about them.

But no, what happens is that they project on them, what you have inside. In the same way, when you feel happy and glowing, you get the impression that those around you are also happy.

We are all mirrors!!!

And that's why I always say that every person that comes into my life is a gift, because it shows me something about me, that is important, in order to continue my education and follow my life path.

Lets talk
SEX
about....



Experts say it is a “Must”!

Do you talk with your partner about your *sex life*?

A well known story... You tell your close friends how good or bad, sex is with your partner. You can be extremely detailed and talk comfortably about everything you like. Is it not happening?

The only one, who does not know about all this, is the one directly concerned: Your partner! And you forget the simplest. That if you spoke about sex openly, you wouldn't need to complain and to disclose such "details" to your friends, or to stay unsatisfied.

In order not to wait for your partner to take the initiative on his own, see what the experts on the subject have to say.

Analyzing sex...just after sex, is something like analyzing sports, during sports shows.

After taken a breath and pull yourself together, you can talk about the details of the "session".

"This back-to-back discussion can increase intimacy and give both of you a chance to understand what you enjoy most about sex," says clinical psychologist and sex therapist *Christopher R. Jones*.

"Sharing and intimacy are so important. The earlier in the relationship you start these small rites, the more likely you are to find greater sexual satisfaction" says sex-expert *Megwyn White*.

Chapter: Orgasm!

This is the main reason why you should communicate after sex! Let us finally close this chapter of the absence of orgasm and let us learn to externalize what is in our head...and it's not just about female orgasm. Discover what he likes, or how he can achieve the *ultimate pleasure*.

You should also talk about whether you felt shy a while ago and if so, why. Equally important!

How would you talk about sex with him?

If you've never done it before, find a comfortable place and look at each other.

"You have to start such a conversation with physical intimacy. Touch increases empathy and encourages sharing. Make the start with positive comments. This always helps to make someone listen to you in a good mood, immediately and in the future..."

How to say something after sex?

When you do something for the first time, you might find it hard to start the conversation. Which is perfectly normal. As we said, start with good word and positive vibes. Something specific he did and you enjoyed. Through it, you can talk about one of the unforgettable of the foreplay! So you transmit the desire that you want to do it again. Or a position that you know, it is giving you guaranteed orgasm(s).

Talk about the "unpleasant" things about sex!

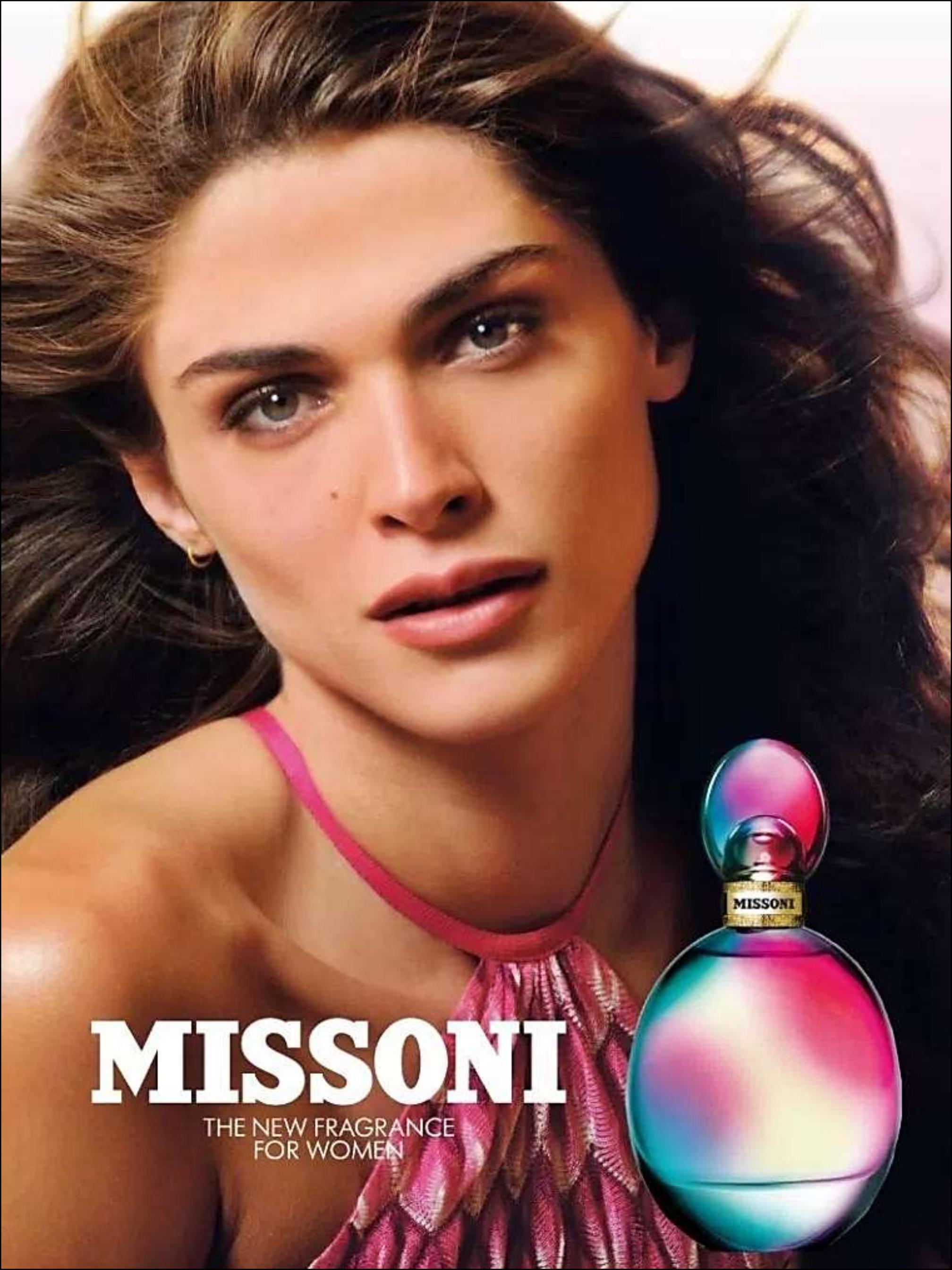
In the same mood of communication and empathy, you can also mention things you didn't like. When discussing it, you can suggest how you would like a particular move.

Tiny changes, are the ones that make the difference in sex.

Remember that sex is a never-ending process, which reflects the communication you generally have between you.

And... as our grandmothers used to say:

"... Anyone who is shy, is missing out ..."



MISSONI

THE NEW FRAGRANCE
FOR WOMEN

RESPECT



The Real Meaning!



When we hear from our partner,

the question "*Do you love me?*", we automatically answer "*Yes*".

Without looking deep, into what we really feel: *love* or *dependence*.

After all, we often confuse our feelings: *habit, fear of loneliness, dependency, intimacy*.

One of the key features that distinguishes *healthy relationships* from *toxic ones* is: *Respect*.

Respect for a couple

In any relationship, *respect* means that I recognize the *dignity* of my partner's personality.

What exactly does that mean? The partners take into account the other side's point of view, hear their comments and needs, try to act in a way that does not frustrate the other half.

Respect requires *trust* and *freedom* in relationships.

In a marriage, the nature of respect can change. Spouses often complain about its absence!

Restoring this trait, which is necessary, for a *healthy relationship*, is difficult, but possible.

Let's think about the "*inner*" and "*outer*" side of *respect in family*.

In the first case, it is necessary to create comfortable conditions for the partner.

This requires a calm tone of speech and an authentic interest in each other's life. As for the "*external*" side, it means that a person needs to behave properly in public with his / her partner.

Not to offend the partner publicly and cause unpleasant situations or comments!

One's *personal space*, or one's *freedom* must not be restricted by *prohibitions* and *manipulations*.

How do we show and build respect in a relationship?

Respect in a relationship is reflected in how we face and treat each other daily. Even if we disagree or have a quarrel (yes, quarrels occur in healthy relationships too), we can respect and value each other's views and feelings by reasoning fairly!

Respect has nothing to do with *control* or *manipulation*.

Respect allows us instead to feel free, to be ourselves and to love what we are.

So in a healthy relationship, *respect* includes the following elements:

- We talk openly and honestly to each other!
- We really hear what the other person is saying!
- We appreciate, our partner's feelings and needs!
- We compromise when we think it is needed!
- We talk kindly to each other!
- We support each other's interests, hobbies and careers!
- We evolve through a relationship, by evolving the relationship itself!
- We honor and respect each other's boundaries, no matter what happens!

Of course, although it is important to *respect* our partner in a relationship, it is equally important to show *respect* for *ourselves*. *Self-esteem*, is the key to building *confidence* and maintaining healthy relationships, as we set boundaries and build appreciation throughout our lives!

OPTIMISM!



The Secret to Longevity!

People with positive attitudes, tend to be more nourished, exercised, have a balanced social life, friends, family, and all of these factors help them maintain *good health*.

Optimistic people laugh more often, better and, as studies have shown, live longer.

Many years of research concluded, that optimistic people, besides being happier, are healthier, less at risk from various diseases - some life threatening - and ultimately they are living longer, than *pessimists*.

In fact, a recent study by professors at *Boston University School of Medicine*, showed that they were more likely to reach the age of 85 years or older!

Experts analysed the results of two research projects:

The first concerned women with an average age of 70 years, started in 2004 and completed ten years later, and the second concerned men with an average age of 62, started in 1986 and lasted for twenty years.

The researchers evaluated the participants and divided them into groups according to the degree of optimism they displayed. It turned out that, the most optimistic group of women, lived about 15% and that of men about 11%, more than the lesser optimistic group. Accordingly, *Dutch researchers*, monitored for about nine years men and women aged 65-85 and found that those, with *higher levels of optimism* were 55% less likely to die of some organic cause and 23% less likely to lose their life, from a heart disease, compared to the "*grumpy*". Research by the *University of North Carolina*, which began in the mid-1960s and examined approximately 7,000 (at the time) students, found that four decades later, 476 of them had died from various causes, most commonly cancer, while the most *pessimistic* among them, were 42% more likely to die than *optimists*.

But how do researchers measure optimism?

In the category of people who see the positive side of life, scientists working on related studies, rank those who predict positive prospects for their future in various fields. They also evaluate the degree of optimism depending on how one interprets the good and the bad news: *optimistic people believe that positive developments are due to themselves, assuming that they will expand into other areas of their lives.*

Conversely, *pessimists blame themselves for whatever bad happens to them, believing that it will never end and they will affect their entire lives.* And somewhere out there, these ominous predictions, become essentially self-fulfilling prophecies, with "*grumblers*" at greater risk of heart disease, high blood pressure and cancer.

Grumble And Hypertension

Finnish researchers evaluated 616 middle-aged men with normal blood pressure at the start of the study. Their *mental status* and factors that may exacerbate the cardiovascular system, such as: smoking, obesity, sedentary life, alcohol abuse, and family history were also tested. Four years later it turned out that *pessimistic* men were three times more likely to suffer from hypertension than the *optimists*. Even more striking were the results of a study that found that of the 309 patients who underwent coronary artery bypass grafting, half were more likely to be re-hospitalized six months after surgery, leading to the conclusion that *positive thinking contributes to faster and better recovery.* Other studies have shown that patients with a positive attitude to life have a *better recovery after a heart attack* and protect against coronary heart disease. Similar results were confirmed by scientists of *Harvard and Boston University*, who evaluated 1,306 people, with an average age of 61 years. In the following decade, *pessimists* among them, were twice as likely to develop a heart problem.

Sceptics, however, argue that optimism *may ultimately be the result, not the cause of good health.*

They claim that a healthy person has a very good reason to feel happy. Also, that people who have a positive attitude towards life tend to be more nourished, exercised, have a balanced social life, friends, family and all these factors help them maintain their good health.

The big question of course is *whether one is born optimistic, or becomes an optimistic person.*

Are there people, who maintain their good spirits regardless of the difficulties and problems of life and are there those who when facing setbacks are irreversibly pessimistic?

Experts in the scientific community are of course not yet in a position to answer these questions.

In any case, they wouldn't hesitate to ... prescribe some *optimism*, along with *exercise* and *good nutrition!!!*

LIFE

A stretched rope!



The Risk of a Mistake!

We think that life is very much like balancing on a stretched rope

and that it needs just a wrong step to fall.

We are constantly striving to help our purpose to reach our goals, while striving to keep the various elements of our lives in balance.

When we lose balance...

Many of us lose our balance with money. If we do not have enough, our lives become a constant hunt for money. We devote all our energy to trying to improve our finances.

In this process, we deprive our *family, our partner, our spiritual and mental needs, even our health.* Moreover, we are not moving towards *the goals of our lives.*

We don't try to even to balance on the *stretched rope.* We believe that only after we have adjusted our finances first, will we be able to devote our energy to all the other *elements of our lives* and move on to our cause. Other areas of life may be in *disharmony.* It may be a relationship! It can be a *spiritual vacuum* that plunges us. It may be the lack of an *appropriate social environment.* It can be an *illness.* If one area of our lives absorbs a disproportionate amount of our energy, there is a *shortage* in the rest. This is a dangerous unbalance and we are unable to take the next step in the *stretched rope of life,* until our balance is restored.

We find the balance...

The priority, then, is to bring our lives *back into balance.* We need to deal, with those areas that absorb too much of our energy, look at them from all sides, and bring them back straight so that we have energy available for other things. It is necessary to maintain a *balance* that is made up of many *successful identities, as fathers or mothers, as lovers, as spouses, as sons or daughters, as employees, as bosses* etc. Only when each *identity* is complete, the corresponding area of our lives will be functional and will *not disproportionately absorb much of our energy.*

Only this is not done by itself.

Achieving balance in life is a choice we make constantly, minute by minute, thought by thought, feeling by feeling. On the one hand, we can simply exist or on the other hand, we can choose to concentrate our moments, creating precious minutes, in our lives.

It is important to understand, that others cannot do it for us.

Only we can be ourselves, only you, you.

No one can think, breathe, feel, see, experience, love or die for any of us.

Within us, we are what we are.

We come to life without a map, or a leaflet or a definition of ourselves, other than our gender.

It is up to us to discover who we are and what we can become.

It is our job to balance all different aspects of our lives.

We can do this by pressing the "decision button", on the board of our lives.



LET DESIRE LEAD THE WAY

MICHAEL KORS WONDERLUST

THE NEW FRAGRANCE FOR WOMEN



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“PERSONAL STYLE!”

The word "style" is one of those that are “blurt out” with great ease and frivolity, perhaps along with “chic”, “fashion” and “trend”. Style is glorified, regardless the above!!!



YSL said it is “fashions fade, style is eternal”.

Fashion designer **Rachel Zoe**, thinks it's a way to express yourself without having to talk. Others claim that beauty is in it.

Coco Chanel said that when everything is lost, it stays. **Andrey Hepburn**, that everyone has his own.

Surprisingly, **Charles Bukowski** claims that: :

“Style is the answer to everything!...”

Joan d'Arc had style, **John the Baptist** had style, **Jesus** had style, **Socrates**, **Julius Caesar** or **Garcia Lorca**, had too...”.

According to my opinion, the best definition was said by **André Maurois**:

“Style is a hallmark of temperament stamped upon the material at hand”

In the song of “*Looking for the Heart of Saturday Night*”, **Tom Waits** says:

“...you comp your hair, shave your face, trying to wipe out every trace, all the other days.”

Orson Wells, believed that *“style is knowing who you are, what you want to say, and not giving a damn”*.

If we want to make the issue even more complicated, if someone asks you: “what is your style?” the description you would have certainly had to do ... with your own style.

If you want my opinion, I have to suggest two techniques, that could help you find and develop your personal style, starting with the “*heuristic detection*” method and ending up with a phrase of **EB White** from the essay of *The Elements of Style*.

A Heuristic detection approach, is considered any method of problem solving that uses techniques and practical methods, not guaranteed to be optimal or perfect, but capable of reaching the desired goal quickly. For situations where finding the optimal solution, is neither practical (such as how to find your *personal style* immediately, for example), such an approach allows you to take a “short cut”, limiting the mental load needed to make a decision.

There is no reason to hesitate because you are afraid that you will be wrong.

The whole thing resembles what a goldsmith does: he constantly stirs the sieve with sand, looking for nuggets of gold.

It is no shame to show it! Improvement will be the result of mistakes!!!

e.g. You can express, your preference for *vintage* with one accessory or ten. But usually one is enough.

When we want to find our *personal style*, the most important thing is to avoid the defensive attitude from fearing towards our outfit. The fear that we will not feel comfortable, fear of how others see us, fear that our outfit does not match that of others.

If you start ignoring all this, you will start seeing your wardrobe with another eye, much more fun.

It is much better for you to come up with your own answers than to get anxious by looking for them.

In the book “*The Elements of Style*”, **E.B. White** quotes: “*to achieve style, begin by affecting none*”.

Mr. White liked to enjoy a *Suze-cassis* before lunch. He said: “*it's a drink for French taxi drivers.*”

In a nutshell, he described in a sentence, what would require many paragraphs to be described properly. was put in a sentence. *Styling*, is a similar exercise, to say something in a nutshell.

This simple truth reveals a secret associated with the expression of style:

Do not adopt any... unless you have to attend a dress up party!

If you do not feel comfortable in your clothes, it is better to wear something that makes you feel more comfortable and authentic.

At the other end, fashion, as opposed to style, is the complete adherence to follow it at every price! Like following the flock!!!

To be fashionable, like millions of others, it suffices to follow trends. To declare a style in the world of fashion, often equates to simply wearing something that the *status quo* will consider to be slightly eccentric. If *fashion* is your *passion*, searching for true style is not your problem, nor does it need to concern you.

If you are looking for a style that is truly your own, then, take out the mask you wear, so that you can express your personality and do not pretend that you are someone else.

The one who really understands the danger of this phenomenon, and the power we get by avoiding it is **Coco Chanel**, who said:

“Before you get out of the house, look in the mirror, and remove at least one accessory!!!”



“TAILOR LOOK!”

*The details that make “The Difference”
in a Tailored Look!!!*



There are some small but extremely important details that exude elegance and style!

“Luxury lies in the details,” was one of the most famous quotes, by *Hubert de Givenchy*, the legendary French fashion designer, who founded *Givenchy* in 1952. A timeless phrase that reveals the great importance of the small elements, that complete an outfit, especially if it is a formal one, such as a suit.

These little details, to look out for, in order to have, a truly elegant result, are your accessories and shoes,

The Tie!

Do not underestimate it, by carelessly tying it around the collar of the shirt. If you do not tighten the knot so it does not look bulky, then you will not achieve a uniform and elegant result, regardless how fine is your suit. Always remember: The tie should not be thinner, than the collar of the shirt! So pay attention on both *details!!!*

The Belt!

When choosing the right belt, which will not tight and at the same time not too long when fastened, you need to be careful, about its size and fit. First, look at its length, as it reveals whether it is small or large.

Then, test the belt over the pants, you don't have to try it through the belt loops. To fit according to the size of your waist, it must fasten comfortably in the third or fourth, hole of its end.

The Shoes!

In recent years, sneakers with suits, may be one of the hype trends, but bad luck, the "king" of the men's wardrobe, requires the “king” of your shoes collection, to complete a stylish look “wedding”.

A pair of leather shoes, such as *brogues*, *oxfords* and *derbies*, is an ideal choice.

Choose them in black or better in dark brown, as Italian Style suggests, which matches all colors and all occasions from casual to formal.

The Socks!

Three things to keep in mind:

First, the length of the sock, is as long as it covers the calf and does not reveal skin when you sit.

Second, the fabric should be thin and fine.

Third, the color! All good and fine, with “different” socks or “eccentric prints”, but with a suit the most elegant choice, will always be a classic monochrome, pair of socks!





“TROIS PIÈCES!”

The secrets of the “Trois Pieces” suit



The combination of a jacket, waistcoat and trousers is a kind of “style perfection”!

You wear it and you stand out immediately, during social events or meetings. It is nailed to your memory!

We used to see it mainly during weddings, or in the streetstyle version, as a tribute to the American tv series “*Saved by the Bell*”.

Now, we are seeing the waistcoats return vigorously to shop windows, some magazine pages and out in the streets.

Trois pièces is the *Holy Trinity* of the suit.

How does this graceful return of a style that could be described as “grandpa” a few years ago, can be explained?

Parisian house of **Cifonelli** points out: “Men are increasingly interested in elegance, and in the most sophisticated styles.”

In addition, hipsters' fashion, who likes to play with the *chic retro* codes, have humiliated those who fear that they will be accused of passivity or that their interest in fashion is somewhat controversial. Men no longer care if their clothes look a bit less masculine. On the contrary. They are picking from the most traditional dressing room that expresses their desire to stand out. So more and more men are slipping a waist coat under their jacket.

Just a desire to look elegant? Not only. It is easy to see the differences in a work environment. The *trois pièces* are still scarce.

Its elegance fascinates: contacts become easier. It gives the opportunity for complimenting, for example, which allows you to start a conversation. During difficult negotiations, it gives confidence, prestige.

However, this willingness to look different implies respect for some very specific rules so as not to confuse them.

The waistcoat, does not tolerate it. Otherwise it is a disaster. Don't say I didn't warn you.

First tip: away from prêt-à-porter, to avoid the “waiter syndrome”. If you dream of donating your first *trois pièces* to yourself, better push the tailor door. It will secure you a flawless waistcoat tailored for your silhouette and make your trousers stand out.

The tailor knows that the harmony of the suit, is based on very specific uses.

To begin with, not even a millimeter of your shirt, should be visible between your waistcoat and pants. This requires adjustments to the trend of the low waist pants. Fortunately, mid waist pants, returned!

Another detail: As the waistcoat hides the top of the trousers, it is difficult to cross over a belt with massive buckles, therefore, it is preferable to choose pants that tighten to the sides or wear them with suspenders.

As for the length of the waistcoat, it must be above the jacket's clasp, whether it is one, two or three buttons.

On the other hand, although it is a matter of taste, I find the vests that fasten so high, that you no longer see the shirt!

It damages the harmony.

Usually, your vest will be equipped with six buttons (the last one, like the suit, never fastens) and two, three or four pockets.

But its shapes, are more varied than we think ...

The highlight of the chic is the double-buttoned cross waistcoat.

It is worn with a basic single breast jacket, not with a double breast because it disappears, plus there is a fabric overlay that conceals the waist.

Wearing a waistcoat during a formal occasion, is always a top choice.

For a wedding, we choose one in a different color, for example a white pique.

For everyday use, we can play with colors and patterns that contrast with the dark suit such as:

plaid, tartan or pied de poule.

The ultimate recommendation to have total control over your appearance:

Never wear a double-breasted waistcoat, with shirt collar without a tie!

If you forget this touch, all your effort to stand out will be a waste!

You want to play in the top league, right?



Right: “Trois Pieces” by Cifonelli



“DB WAISTCOAT & SB SUIT JACKET!”

The “New Wave” in Style!



If you have accepted the *traditional fit waistcoats*, then you should also try the double breasted (DB).

The Rule

We see it everywhere, in more and more variations than one can imagine.

The waistcoats return is remarkable. A “*vintage wave*” that you can't get over.

An image reminiscent, of retro movies, picturing a husband in front of the mirror, preparing for his night out with his wife. It was like a “style ritual”!

Many wonder e.g. how such a style accessory, leaves the shoulders and arms uncovered during cold days?

When children were asking why, he would tell you that: “*when you grow up you will learn*”.

As if, the secrets are passed from generation to generation, a specific time. Never earlier, never later.

You recall, a *different waistcoat*? Not like the ones with straight cut and straight-line buttons.

You the different one as an eccentricity. It might had been a mistake by his tailor. Of course, you had

noticed too, that he was wearing it, when he had gained some extra weight and this was the advantage

unfolding in front of you: each fastened button, covered some extra kilos. What was protruding before,

was hidden now. And, for the sake of style and good taste, he was not fastening left the last button!

Also, those days, all men, wore it in combination with a *double-breasted suit jacket*, but ... it was different

times. Completely different from ours!

Memories may still be there, but let's not hide: the *double-breasted jacket with double-breasted*

waistcoat combination, is *old-fashioned*, a reminiscent of another era.

We are not going to say much about the *orthodox-classic* combination of *straight line, button-down*

waistcoats, matched with a single-breasted jacket.

Yes, it is a safe choice, but at the same time, a multifaceted one, we would say... a bit boring.

So what would differentiate the given “lines”?

The “*mix and match rule*” is here! A marriage!

Namely:

Singe breasted jacket (attention: *unbuttoned!*) in harmony, with the sexy armor of a **Double-breasted waistcoat**, that encircles and embraces the male body.

This is a fine styling balance and perhaps, that's where the little secret you learn as you grow up is : “**Balance in Style**”!

Nothing should cover the other and nothing should disturb the harmony.





“MODERN & STYLISH!”

What are the rules?



If one of your goals for 2020 is to redefine your image, then the following tips will be extremely helpful.

- **Find your signature fragrance:**

If you want to stand out and wherever you are to impress, then you must urgently find your own fragrance! The one that suits your personality perfectly. Also keep in mind that it's good to have a different cologne for the winter, a little heavier and another for the summer months, a little lighter and cooler.

- **Invest in your style:**

The modern man stands out for his style, for his fashion choices that make him *unique*. If so, far you haven't been paying attention of what to wear or how to match it, now is the time to rethink it. For starters don't be too adventurous and take advantage of the charm of simple and minimal in terms of your outfit. Later on, you can experiment until you find what really suits you and makes you stand out. Keep in mind that renewing your wardrobe means you are going to spend a fortune. Fineness is not a matter of money!

- **Don't forget the accessories:**

A stylish quality watch, elegant cufflinks, a stylish tie or belt, a new set of winter gloves, or new spectacles or sunglasses will revitalize your image, giving you a contemporary look.

- **Create a grooming collection:**

What does this mean? Put in a make-up bag the products needed for body and face care. Besides fragrances, and shower gel, choose carefully your face cleanser, moisturizer, exfoliator, sunscreen, aftershave, shaver, a set of nails care. These are very basic grooming items, that should not be missing from your grooming bag.





DOLCE & GABBANA



“PREPPY LOOK!”



What are the timeless “stylistic duets”

The **smart casual look** is exactly what its name says: a set that borrows elements both from the comfort of the **casual**, everyday wardrobe, and from the finesse and elegance, of formal suits and good leather shoes.

The **preppy look** on the other hand is the trademark style of American culture with *Oxford shirts*, *light shades of chinos*, *polo shirts*, *knitted sweaters* and *woolen jackets*. A cool, as well as elegant look. Simply, it's a style of attire that boasts classic colors, prints and apparel, of neat, understated, and often expensive clothes; youthful but classic, suggesting that the wearer is well off, upper class, and somehow, conservative.

The most **preppy look**, for winter, is that of a *blazer* with *knitted sweater* or a long sleeves *polo neck*, instead of a shirt, worn with *wool* or *corduroy* pants instead of jeans.

So how do you build a winter look that draws inspiration from the smart casual and preppy look, by “clicking” on the principles that determine both? A complete **preppy look**, includes:

Shirts: The classic shirt is the *button-down all-cotton Oxford cloth shirt*. The button-down oxford shirt is a key piece, and is often worn in a blue or candy stripe. Pink is a very popular and trending color...One should choose pastel colors and definitely have shirts in yellow, blue and white. For a more formal look ties with patterns, polka dots or stripes are top choices.

The collars must be those with button-down, plain point and rounded, when selecting your shirts.

Seersucker shirts are also a must-have. Go for this one in the classic pale blue and white stripe.

Polo Shirts: Polo shirts in even, narrow horizontal stripes, red and navy, navy and white, yellow and white, are worth having. The polo shirt is one of the most identifiable items in a preppy wardrobe, such as Ralph Lauren and Lacoste. The classic white is always a good choice and looks great, when paired with a navy blazer. Pastel shades are also complementing the look.

Sweaters: Apart from being useful in keeping the body warm, *sweaters* are part of layering and make *dandy accessories*. Tie them around your waist, or around your neck...you can never look cooler and more preppy.

Navy Blazer: A classic, *navy blue blazer* is a “staple”. It can take you from office meetings to dinner out with friends or family.

Tie: The type of collar of your shirt has, will determine which kind of tie you will want to go for. A small straight collar would require a thin tie, while a wider collar requires a larger one.

Chinos: The trousers of the look, with a khaki shade being standard. This color is both stylish and practical as it transitions easily from work, to the weekend. However, don't be afraid to experiment with bolder shades too. They should always be tapered and straight-leg fit, finishing at the ankle and with the ends cuffed up. Oh and no pleats. Definitely no pleats.

Footwear: When they're checking to see if you're prep, the first thing they look at is your *shoes*. The right shoes give you high credits while the wrong shoes ruin your look instantly. Best choice: Leather Penny Loafers or Boat Shoes, Sperry Top-Siders.



From Left to Right: Jacket: Massimo Dutti, Shirt: Nautica, Trousers: Massimo Dutti, Brown Mens Leather Penny Loafers Flats: Salvatore Ferragamo, Tie: The Bostonians, Bag: Zara.



“COATS 2020!”



Timeless & Trendy Styles to keep you warm!

Winter is, connected with colder weather.

But everything about winter, the cold, the dark, the wet, presents one big style bonus: you get to wear big coats again! The right coat is an outfit in itself, a piece that combines practicality and style like nothing else in your wardrobe.

They're also fairly impervious to trends. Which means even an infrequent shopper can stealthily build a high-quality collection from parkas to heritage shearling jackets, over a few years. If, that is, you buy right.

“Look for something that’s good quality, stylish and versatile. You want something that’s going to last as well as look good. Because you’re going to be wearing it a lot, you need it to work with the other clothes in your wardrobe.” says Nick Eley, head of design at ASOS.

Style is, of course, a consideration. But not at the expense of comfort. No man ever looked good shivering.

The most important thing to look for in a winter coat is something that will keep you warm and dry. In an ideal world you’d have a collection of all the styles here, as each serves a different practical and style purpose.

During Fall 2020, recent fashion shows, we saw many styles and suggestions.

Tod’s show we saw a camel city coat, and a rainproof trench with leather details, *MSGM* carcoats, greatcoats, duffels and trenches, *Prada* we saw top and high notch-collared two-button topcoats, while *Emporio Armani*, had a great variety of looks and suggestions for every preference and style.

Let’s gaze!



From Left to Right:

- 1.Tod’s-2.Dolce & Gabbana-3.Armani-4. Armani-5.Canali-6.Ermenegildo Zegna**



From Left to Right:

- 7.Etro-8.MSGM-9.Prada-10. Ralph Lauren-11. Salvatore Ferragamo-12. Tom Ford**



BAD

DIESEL



“LEATHER JACKETS!”



2020's Strong Trend!

Contrary to popular belief, you're never too old to wear a leather jacket, it's just a matter of picking the right one! Wearing a leather jacket is one-way road to cool. The good news is that this season you don't need to be a teenager or a man going through a midlife crisis in order to wear one. Sure, the classic biker is still doing the rounds, but now there are cropped leather car coats that you can easily wear into your fifties, long-line leather trenches that would look epic on the back of a rakish septuagenarian and a host of suede, shearling Sherpa jackets that would look the business on anyone.

A good leather jacket will stay with you for decades!

Choice: Choosing a simple, classic design like a double rider or A2-style bomber will ensure that it never really goes out of style and works with more items in your wardrobe. Avoid heavy embellishments, unnecessary zippers, etc. Less is more! And to make sure your investment is long-lived, be aware of the material! Lambskin, for example, may be soft and supple but is nowhere near as tough as cowhide or goat!

Balance it out: Leather jackets have an undeniably macho character, which can be tricky to work with. Keep your cool with some “softer” pieces to go with them- scarves and beanies work great in the winter, while more fitted pants and low-profile shoes do a good job of not fighting your top end.

Know your style history: It helps when building your look to know the origins of your jacket's design- where it came from. The purpose a style was designed for and who adopted it can give you great clues about what you might want to try. Bomber jackets are classic American, and contrast well with more modern pieces like skate shoes and joggers. Moto jackets have a ton of European rock & roll history, and go great with slim jeans and oversized, draped tees. A little research goes a long way!

When not to wear one: Now that you've nailed down your choice you're probably going to want to wear it everywhere- breaking it in and making it yours is half the fun with leather. But there's plenty of times when you just plain shouldn't. Formal and business events are an obvious no-go, pouring rain can seep in as leather is porous and absorbs liquid which can damage it and upset leather's delicate balance of oils, and seriously hot weather will cause serious sweating.

So here, to help you find the right option for you, is our guide of the best styles available right now.



From Left to Right:

- Look1:** Bottega Veneta, Daniel Lee took home four coveted accolades at last year's British Fashion Awards; the reason being his pieces are genius. This Bottega Veneta anorak is crafted from lightweight matte leather, which we're sure is a first.
- Look2:** Acne Studios, Simple and elegant this leather jacket will add an uber-chic touch to anyone's look.
- Look3:** Dior, made from fine-grain lambskin and features an alligator-skin collar, as well as a signature saddle patch pocket on one arm.
- Look4:** Celine, The double-breasted jacket. Nothing screams cool more than Celine. This double-breasted design is the ultimate win to spruce up a simple outfit; style it over a black shirt and striped tie and you'll be looking like a post-punk artist in no time.
- Look5:** Bottega Veneta, The hooded leather jacket. One reason why is one of the most hyped brands in the world right now. This jacket! Made from a lightweight nappa and cut in a slightly oversized shape, your outfit elevation starts here. Our advice for a finishing touch? Black stomper boots – très chic.
- Look6:** The button-up leather jacket. Punky but not too punky, a leather denim-style jacket will look great worn under a coat in a similar shade, perhaps teamed with some heavily washed Western jeans. Best for those in their thirties.
- Look7:** Paul Smith, The cropped suede jacket. If you're going to opt for a tan hue, best to keep it cropped. Paul Smith offers the perfect answer: this boxy suede jacket's waiting to be worn over head-to-toe black.
- Look8:** Coach, The signature leather jacket. Coach is always a top point of call for leather, and with this signature leather jacket the devil is in the details. We're referring to those brilliant brown pockets and collar trim, around which lies stamps of embossed logos. Very good if you're into subtle statements.
- Look9:** Dior, The classic biker jacket. The ultimate rebel jacket from one of the biggest designers right now: Kim Jones for Dior. Slim-cut, edgy and ultra-hip, it's a worthwhile investment (particularly if you're under 40 years old).
- Look10:** Clutch Café, The motorcycle jacket. Embrace the bigger biker jacket, an icon of the 20th century, thanks to Clutch Cafe and its fine offering of Japanese heritage clothing. Jacket by Clutch Café.



“CORDUROY PANTS!”



Perhaps the most old-fashioned fabric has a strong come back heavier for a warm and elegant style!

After wool, the *corduroy pants*, are the warmest pants you could wear in the cold winter months. It is clearly a seasonal piece, which during this year holds a leading role in the male wardrobe.

How do you wear it in the most up to date way?

1. BRAUN: ...and lets go for coffee!

From the legendary '70s with love.

When the less “popular” choice, of the modern color palette, *brown*, gets married to the “oddest” fabric, the *corduroy*, then the effect is as retro as the hippie look of the 1970s. Finish in white, beige and black details.

Look 1: Jacket and sweater: Massimo Dutti, Pants: Gant, Boots: Tod's, Sun-glasses: Police.

2. DR DENIM: ...the coolest way to adopt the corduroy trend.

Corduroy may a winter fabric, *denim*, on the other hand, is a fabric that has no seasons. It can be worn anytime and almost everywhere. Matching the two, is one of the most classic of the casual winter outfits, as long as, you choose match them with a denim jacket or shirt in a dark blue color.

Look 2: Jeans jacket and shirt: Levi's, Pants: Lee, Shoes: Rieker, Eyeglasses: Persol, Bag: MCM.

3. IN THE NAVY: ...the most unexpected friend of the winter “marine style” is no other than corduroy pants.

The all-round classic *sailor peacoat*, is a classic male jacket, connected with sea and the magic of cinema. Usually it is linked to the *winter navy look*, paired with *denim pants*. Make the difference and invest in a corduroy one!

Look 3: Peacoat, sweaters and pants: Paul Smith

4. ICONIC DUOS: ...woolen coat and corduroy pants.

For a formal look, invest in a quality woolen coat and corduroy pants with thin, not thick cords, that look like velvet from afar.

Look 4: Coat and pants: Antony Morato, Shirt: Tom Tailor, Shoes and Briefcase: Louis Vuitton, Sunglasses: Dior.

5. BUSINESS CASUAL: ... a noticeable office appearance.

From belts to watches, accessories are an easy way to upgrade your style and give your personality to your office look. Make sure you do it in moderation, investing in “less is more”.

Look 5: Jacket, shirt and pullover: Tommy Hilfiger, Sweater, Shoes, handbag: Salvatore Ferragamo, Pants: Massimo Dutti .

6. IVY LEAGUE: ... besides chino pants, corduroy pants create a great “preppy look”.

If you want to build a less traditional look, that adheres to the rules of *college look*, experiment with vibrant colors, such as blue, yellow and purple, combining them with classic white, black and gray.

Look 6: Jacket, shirt, sweater, pants and belt: Camel Active.



From Left to Right: Looks 1 - 6



SKIN IRONY

FUTURE CLASSIC

swatch[®] 
SWISS MADE



“TIME IS .. BLACK!”

*"A black watch
always leaves an aura of mystery and danger" !!!*



The black watch was a project of the US military.

It was an order for the commandos and other special forces, which needed to become one with darkness and not to have any reflections, as any light towards them, was a risk, that their position would be revealed. But as is often the case with custom-made items, especially if they are accompanied by a “cool breeze of danger”, soon it received its formal commercial presence.

*From
left to right
1-5*



1. **Victorinox Swiss Army Night Vision Analog Quartz:** Victorinox is famous for its Swiss knife and this cool design has a similar toughness. It also uses regular PVD coating and at 42mm makes its presence felt. You could easily use it in a “night shift”!
2. **Braun Black Prestige Chronograph:** German Braun is a leading brand in industrial design and, although currently famous for its razors, it also shows pieces like this that emphasize its rich heritage. An almost classic one
3. **Ferrari Black PVD Chronograph:** A Ferrari watch, like a regular Ferrari, shows that you appreciate the speed, beauty and style of the ultimate speed car.
4. **MVMT Voyager Slate:** This 42mm watch is the best all-black design you can get. It's not a piece you will bestow to the next generation, but it definitely looks a lot more expensive than it is.
5. **Porsche Design Dashboard Chronograph:** Porsche Design has been manufacturing watches for 40 years and was a pioneer in the use of PVD coatings for non-military watches. The black silicone strap in this racing inspired version, enhances both its durability and its good looks.

*From
left to right
6-10*



6. **SMW Swiss PVD Automatic Chronograph:** You probably haven't heard of SMW, the acronym for Swiss Military Watches, and that's probably because it's made for the military - which gives this chronograph a great deal of credibility. At 47mm it is immensely large, but it can withstand severe cold and humidity and can absorb vibrations and high-altitude changes.
7. **Alpina Startimer Big Date Chronograph:** Alpina, founded in Switzerland in 1883, produces some of the coolest pilot watches, at very good value for money. This 44mm black model is nice as well as durable and will surely satisfy all your Top Gun fantasies.
8. **Zeno Diver's Swiss Quartz Watch:** This Swiss-made Zeno diving watch, with precision quartz movement and Special Forces style. The 46mm is one of the biggest watches on our list, so make sure the Stallone hiding inside you, can carry this model.
9. **TAG Heuer Formula 1 Analog Display Chronograph:** Among the most expensive models on the list is one that is well worth the money! TAG Heuer's Formula 1 series has been in demand since Ayrton Senna wore one in his race, and since then this watch has become an ideal model for speed lovers - whether you're SPEEDING on the road or on the ...PSP.
10. **Diesel Master Chief Quartz Chronograph:** A “milder” choice, for those who want to “go black”, but do not want a Top Gun, or a Military version, as this 46mm watch is not suitable for diving etc. Water resistant up to 100 feet (30 M).



DALVEY
— 1897 —

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OPINION

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**BABEL
DAYS!**

The Tower of Babel, plain and simple, was an act of rebellion against God!

This story matters because we see what happens when mankind tries to prevent the Acts of God. They tried, by their own hands, to create their own ark of salvation, their own fortress. Or, so they thought...!

The global economy, the post-World War II international system, the technological advancement that connects everyone and everything on a global web, social networks, English as a common language and the United States, as an example of “Rule of Law” and “Equality”, contributed to the feeling that *humanity*, was moving towards an unprecedented mutual understanding.

Today, all these "plinths" with which “our world” created, are cracking and the building is shaking dangerously, presaging its collapse.

Let us remember the story of Babel, as we read it in Genesis.

After the “Great flood”, all the people, descendants of Noah, spoke the same language.

One day, they decided to build a city and a tall tower, whose top would reach Heaven. When God saw their works, He thought that these arrogant people, think that now they will be able to do whatever they want.

The Lord said: “If as one people speaking the same language they have begun to do this, then nothing they plan to do will be impossible for them. Come, let us go down and confuse their language so they will not understand each other. So the Lord scattered them from there over all the earth, and they stopped building the city. That is why it was called Babel, because there The Lord confused the language of the whole world.

From there the Lord scattered them over the face of the whole earth.” (Genesis 11:1-9)

Key points:

“Arrogance”, led to: “Confusion”, “Luck of Understanding”, “Division to groups”, “scattering”!

Each generation, is seeking for lessons in the scripts of the past, and surely many of our ancestors believed that the fall of the *Tower of Babel* was about the punishment of their own arrogance. Never before, humanity reached such a point of progress, arrogance and foolishness, as in recent decades, as life expectancy has skyrocketed and more people have escaped absolute poverty and tyranny, but at the same time, we ignore *Mother Nature* and we create “laboratory viruses”! The past 75 years, most people on Earth, except victims of war, of authoritarianism, or natural disasters, have been blessed to live with no or very little violence and insecurity.

Until a few years ago, we could believe that the *structures*, built in recent decades, would be the basis for a future of greater *understanding, safety, security* and *prosperity*.

Mankind has come to use the *same language*, with the same *references* and *theories*, and to build even higher towers, real and figurative, displaying knowledge and art, while at the same time ignores the *greed* and *arrogance* of many countries, as well as of many individuals.

The war is not over yet!

The past teaches that *Humanity*, has the resources and the will to survive and that survival is ensured only with the contribution of all *members of society* and the *cooperation of nations*!

The *unrest* in the *United States*, shows that the country that was considered to be, by many, the *pillar of the international system*, is not concerned, is not interested, in *defending the rules and Liberal Democracy* in the world.

Now, many people, have started, doubting the *“American Dream”*!

The belief that *anyone*, regardless their *gender, origin, race, ethnicity, social class* they were born into, can attain their own version of *success*, in a *society* where upward mobility is possible for everyone, is in shakes!

We come to realize that, the *“shop-window”*, was promoting and showcasing, *“ethics”, “beliefs”, “lifestyles”, “practices”, “economic models”* and... and... and... while the *“backstage”*, was a volcano ready to explode and the so called *“dream”*, is actually a night mare, for most of its citizens!

We now suspect, that possibly, most of the wars, was nothing else, than an attempt to *“export”* the real problems and to destruct the global attention, in order the dream to keep *“glowing”*.

Whatever we can call it: *“propaganda”, “marketing”, “foreign policy”*, does not delete the reality, that is exposed, through the same *“tools”*, media, etc. used to establish the *“dream”*!

The *“System’s Tower”* is shaking.

People and Nations who had *“allied”* with the *“dream”* and had *“adopted”* its *“fundamentals”*, are definitely very embarrassed and strongly concerned...

The enemies of *Democracy* and *peaceful coexistence*, are undermining and advocating against the *Rights* of their own citizens and using their *“webs”* are trying to spread their *“feelings”* to others.

In other words, the *“common language”* with which we spoke, about the future is lost!

As much as United States, was driven primarily by its own interests, sometimes in the dark, the current *“leader’s”* predecessors, understood that they were better served by maintaining agreements and keep alliances, that benefited many other countries, by providing *Rights* and *opportunities* to their citizens.

The problems exist long ago. They have old and very deep roots!

Greed and *carelessness*, inflated the problems caused by the *globalization*, in the *economies* and *societies* of many countries, such as *inequality* and *lack of justice*, that have not been resolved.

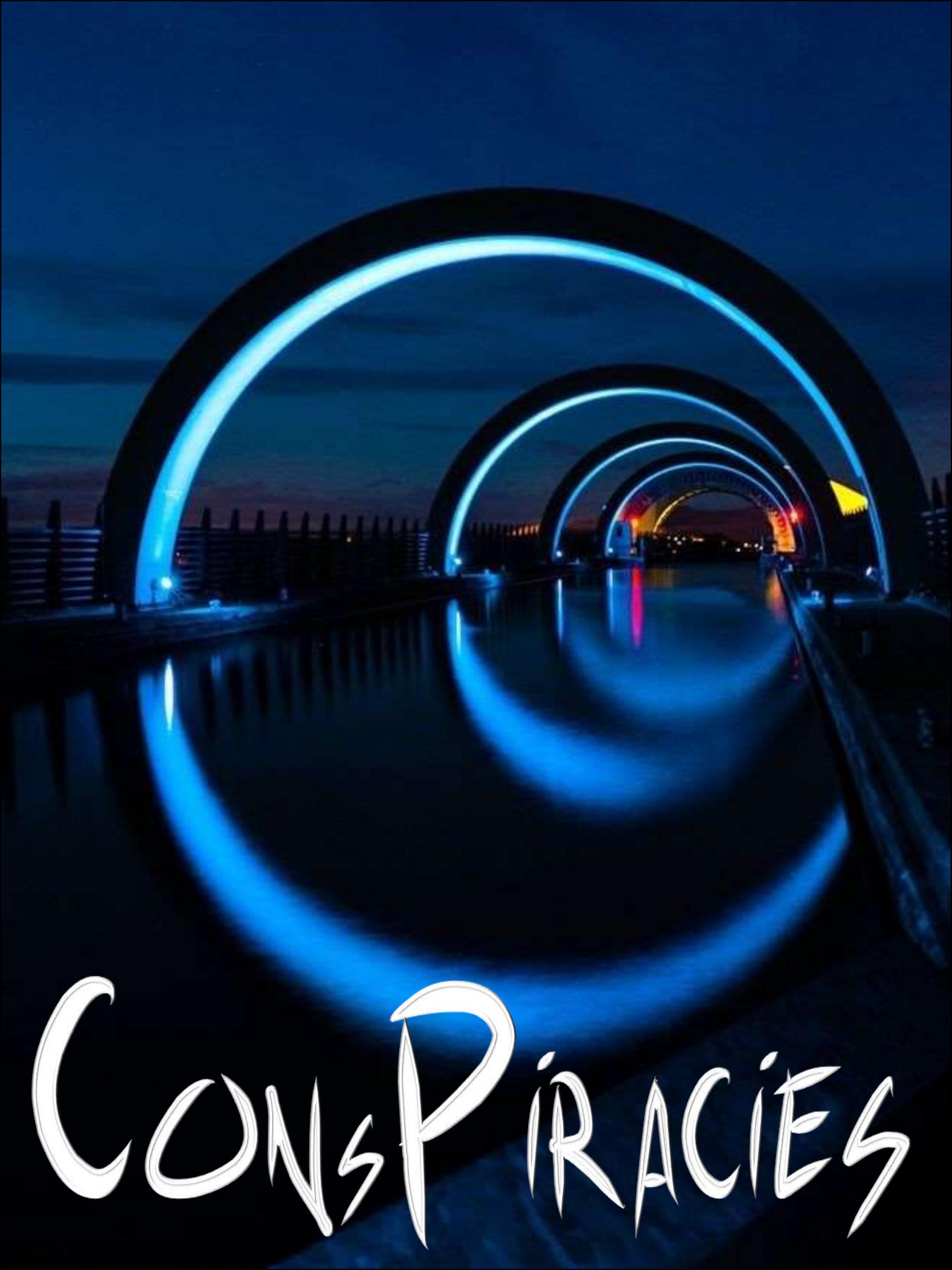
The *climate crisis*, the current *leadership pattern* and the *pandemic*, prove how vulnerable, the *international system* and *Humanity* as a total, are on the first major threats.

All these years, we were enjoying our *“comfort zone”*, ignoring the *“alerts”* and the *“scripts”*!

It is difficult to accept and to admit, that we are not in control of our own lives and our future, but the *“repairs”*, *“reconstruction”* and *“reformations”*, need to start, from where the first *“cracks”* appeared, before our *“tower”* collapses and its ruins fall on our heads!

There are two words missing from the above sentence:

“Now” and “Urgently”!!!



CONSPIRACIES



here are people, and not just a few, who believe only in *Conspiracies!*

Prone to adopting theories, that nothing “passes through our hands”, that we are not in any control of our lives and everything is “*centrally and secretly decided*”, from a small group of people who gather in the nights in a room and decide, arrange everything... The theory of “*Illuminati Society*”!

Those who do not embrace such theories, meet in the evenings somewhere and laugh with them. The way world operates, cannot be organized by such “*narrow nuclei*” and many times nothing is hidden behind what we see, but there is only what we see... or so we are “tuned” to think!

The reality is that, when we joke about it, at the same time we start wondering, asking ourselves, “*if...*”, “*who...*”, “*how many...*”, may be involved in something really big and then... “goosebumps”!

Pandemic, lock-downs, wars, etc. How many decide and implement? If we count them, very few! Of course, it happens with our tolerance, as citizens-voters, members of our society, but it is a fact that, the “instantaneous decisions”, the “surprises”, are products of the will of a dozen people.

They don't gather in “secret rooms” but we are just “announced” their decisions.

Five phone calls and gets done! It only takes another five and the correlations change immediately!

On the other side, millions of people are on top of their keyboards, sharing their opposition, disgust, views, on the global situation. Without any way and hope of being “heard”.

And the “others”, are secretly laughing with them/us, because they think they know things we don't know and that someone has to make difficult decisions, that societies don't get “directed” with romances and poems and “*humanism*”, has no place in a world where one's well-being and wealth, can rely only on someone else's nightmare. Why? Just because! That's the “*system*”!

The same “*system*” that “*shipped*” to America millions of Africans, as “*slaves for life*”, who “helped” for the development of the colonies, then gave them “freedom” and “rights” and gradually absorbed them as “consumers” and “taxpayers”, but never treated them equally!

These days, we witness the tale of “*The Emperor's New Clothes*”, coming true!

According to the tale, written by *Hans Christian Andersen*, two weavers promised an emperor a new suit of clothes, saying it is invisible to those who are unfit for their positions, stupid, or incompetent, while in reality, they make no clothes at all, making everyone believe the clothes are invisible to them. When the emperor parades before his subjects, in his new “clothes”, no one dares to say that they do not see any suit of clothes on him, for fear that they will be considered to be stupid. Till a child cries out loud, “*But he isn't wearing anything at all!*”

The new clothes of the emperor, are the Equal Human Rights, “*tailored*” by few and implemented in such a way, that only “*stupid*” and “*incompetent*”, as the fairy tale describes, can't see!

We ended up realizing that:

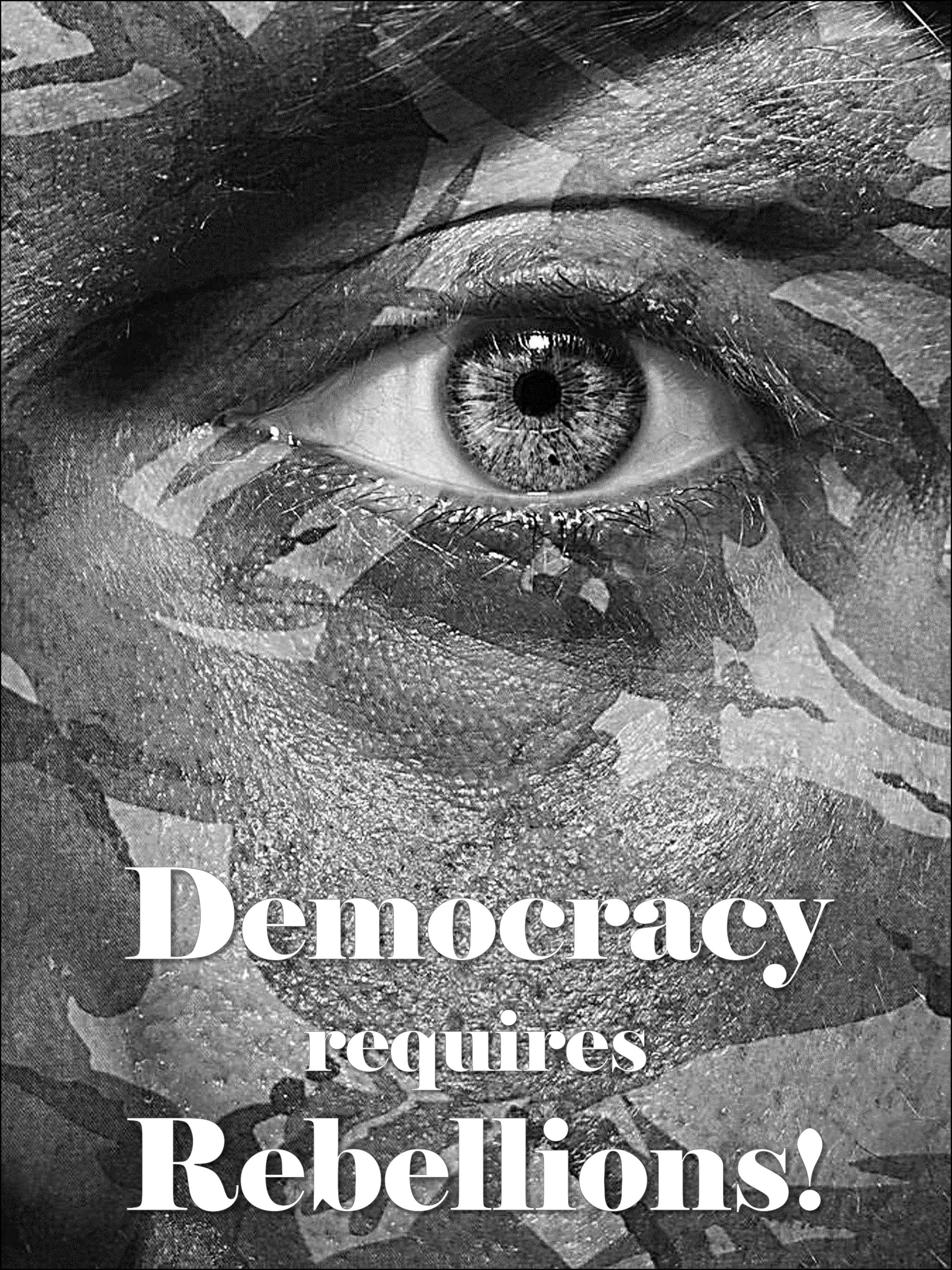
*“It is not important, what rights we are given...in paper,
but the way these Rights are implemented and actioned, in our daily lives”*

We now understand very well, that this World is not made for everyone!

“*Nihilistic theories*” do not help!

There is a great danger of submission to “*we are better than elsewhere or before...*”, which leads to enslave us to *constant injustices*, without been historically recorded as *slavery*!

Certainly, there aren't ten people in a room arranging everything, but again, those who decide for the Future of Humanity ... *on this planet* ... are very few!!!



Democracy
requires
Rebellions!

It seems like a natural law, an idiom of human nature:

"The less a person knows, the more certainty he has."

It may be one of the symptoms, that Freud, described as *"Reversal into the Opposite"*, (*Verkehrung ins Gegenteil*). Definitely, an expert could shed light on it.

However, the impulsive practice, in the society, seems to have a "contagious dimension".

The *ignorance* that arises as *knowledge*, the *irrelevance* that self-affirms as *personal experience*, the *suspicion* that is expressed as *belief*, the *reputation* that counts as *information*, are abundant symptoms, that one encounters them at every step!

We all, in today's society, claim to know everything, or we give this impression!

We also maintain some concern for establishing what we say, but usually pretentious or ridiculous. We seem to know the 'secrets' of the economy and, above all, what needs to be done. We analyse, the characters of political professionals and evaluate them, as if we have mingled with them, as friends. We decide on how, the institutions should be organized and operate, we justify the entrenched inefficiency of Justice, the Penitentiary System, the Public Administration, the frantic waste of Social Product for the sake of the Political Parties State.

We suffer! Our lives and existence are poisoned by "misconducts", but the certainty that we "know" the "causes" and of course, with the inevitable differences in the so called "certainties" and "opinions" of each individual, disappears every margin of co-understanding, co-work, co-operation! The impasse becomes causality, an inevitable "fate".

The problem of "omniscience" of every "self-confirmed" individual reflects our political problem: In "progressive", "modernized" Democracies, politics is simply "managerial", an easy skill for all. In political speech, parliamentary and journalistic, there is no requirement, not even an expectation for *Systematic Analysis and Strategic Planning*.

Politics is exhausted in the search for a more intelligent and more impressive *management of existing institutions and functions*. For at least the past fifty years, there have been no reform cuts, no radical innovations, no daring to change direction. It is unthinkable for them to exist!

Fear of anything new, its methodical exclusion, perhaps to discipline us in the planning of *International Centres of Power*, remains, as a self-evident one-way street, the *managerial version and practice of politics*. No creativity, no innovation, no reforms!

A new terminology has also been established: "Progressive" policy, is one that only improves economic indicators, not the terms of survival and coexistence. Nothing related to the progress of the society as a total.

That is the reason for the *monomania* in developing economies titled as *"attracting investments"*: To, supposedly, bring money into the country, from the sale of the country!!!

The call, plead, to *"come and invest"* means: "come buy us, we are sold cheaper than you pay elsewhere, or in your economy! Buy our resources, our infrastructure, our souls, at .discount!

Buy us, so that some money can buy votes for our re-election, by appointing lazy civil servants!

Buy us and we will be your docile messengers, regenerating your "policies"!

In other words, we will be the "yes-system", for "your system" !!! Please Trust us for the delivery!!!

Such "*realistic facts*" are not discussed by the supposedly, "*progressive*", political factions.

Everyone "*knows*", that these are "*pseudo-problems*", spurious, gossips, created technically by some "*conservative circles*". The ones who oppose to "*change*" and "*reformation*", "*systematically*", because their "*interests*" are different.

Everyone got "*convinced*" that patriotism, is perfectly identical with "*extremism*". Thus, the "*progressive oligarchy*", without shame or regret, continues its carefree autism, in order to "*buy*" as cheap possible, other countries, in the cover name of "*Globalization*".

There is no party, no political formation that declares that the transition, reformation, from the *methodical impressions, propaganda*, to the realism of political reforms, can only begin with the radical change of any Education System.

We don't have the luxury of time, to wait for a "next generation mentality" to take shape, but we need desperately a real reform, not decorating patches, that will change the whole social mentality.

A government, which will dare to reform and not manage politics, can stop the now inevitable historical end of Nations on the name of Globalization.

The battlefield is dangerous.
In order to survive we need *educated warriors*!

“*Education is the most powerful weapon which you can use to change the world.*”

No country can really develop unless its citizens are educated.”

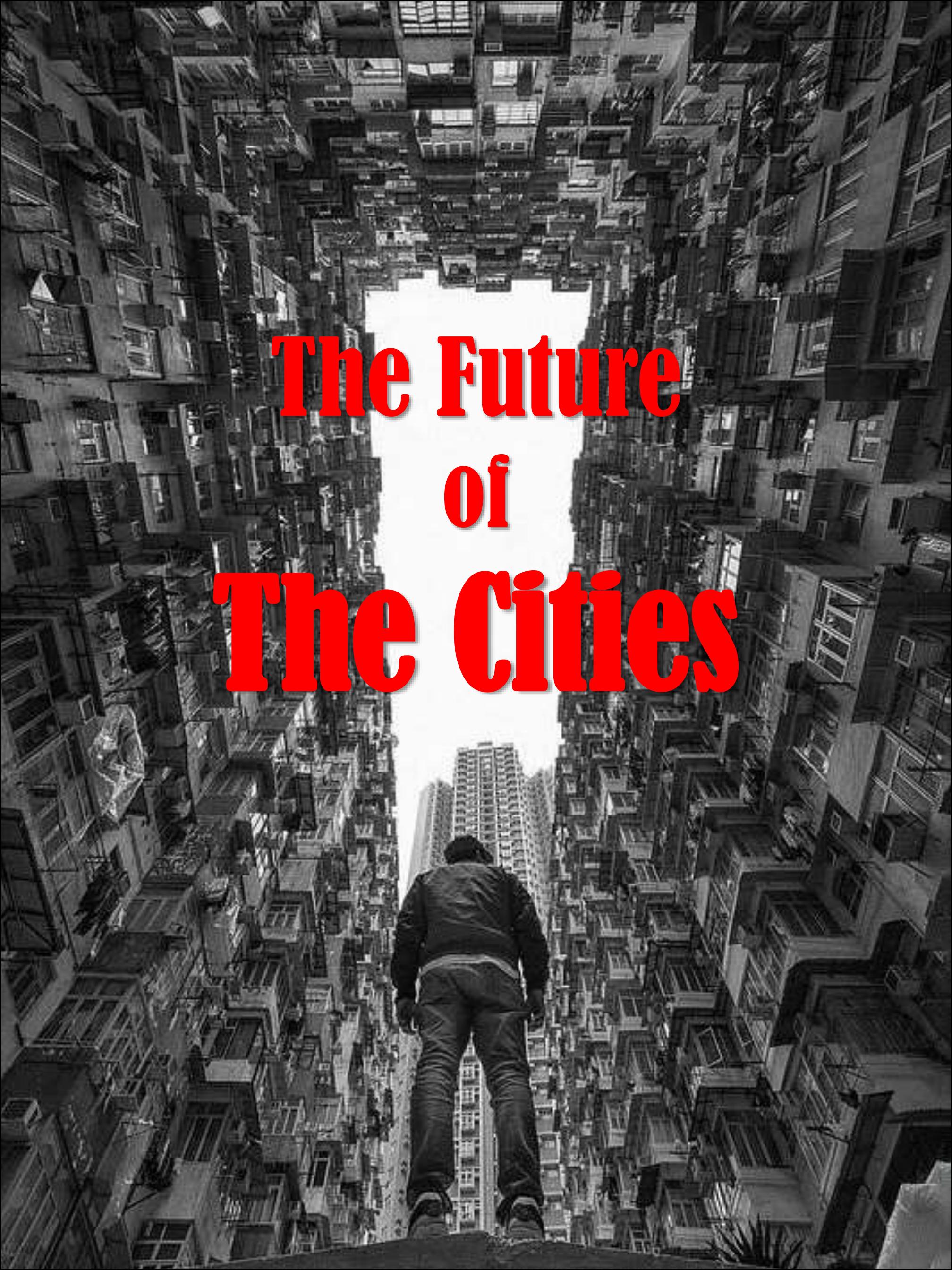
- Nelson Mandela -

Such governing, will never emerge, as long as, the governmenting is indifferent, from the will of its people, as a monopoly of an *economic oligarchy* and families that minister for generations.

The insanity of coups, has now been eliminated from the horizon of truly Democratic societies!

However, there are *institutional possibilities*, for expressing and fulfilling the demand of many, against the "*few maniacs*", that hold the *Global Power*, selfishly and arrogantly!!!





The Future of The Cities

Is the end of the big cities, near?

Or should I rephrase:... “How close, is the End of the big cities?”

The world's major cities have been considered centres of progress, development, creation and modernism, for more than the past two centuries.

Indeed! Great scientists, powerful politicians, top artists, successful entrepreneurs do not live in the small rural villages, that we like to praise, but that we can't stand, to be there for more than a few days or even hours.

The best restaurants, the most famous museums, the most impressive theatres are not located in underpopulated, small villages. They are located in the capitals and large urban centres.

Therefore, it is expected that people, especially young people, who have dreams and ambitions and who want to live their lives at the peak of their time and at their fullest, will flock to the cities.

The “fertility” of large cities is due to the density, quality and speed.

The city offers a variety of opportunities, options and events, for shaping any kind of relationship, in an “atmosphere” of inspiration and freedom.

The city becomes a “center of progress”, because it is a “laboratory”, full of all kinds of ingredients, to shape one's identity.

This narrative, however, came to an unexpected end!

The “speed of contacts”, speeds up infections, while at the same time the global lockdown, has forced humanity to realize that cities are no longer needed as a “catalytic mechanism” for self development.

We don't even need airplanes, anymore!

The progress of the networks is such that our meetings with people, from all over the world, are now done online. Whoever watches a performance of the London National Theatre on their laptop, I don't think they want to go there again, not only in the National Theatre, but in almost any other theatre!

And all this, while the greatest recipes of the best restaurants in the world are available on the Internet, to execute and entertain our friends, while long ago, our personal life has “shifted” from flirting to the office and the trendy bars, to the vast world of Internet.

Now, in our home we can have all the big cities of the world, with a click.

Why going out and why should this home, be located in a big city?





saying
Goodbye
to the
Handshakes

It began centuries ago as a symbol of peace, as a move that proves that you do not hold a weapon and over time it has dominated almost every social, religious, professional, business and sports meeting.

But the new virus, forces us to rethink the handshake.

As friendly as it is, in terms of intentions, it is a movement to exchange infectious microorganisms. *"Hands are a busy intersection that connects our own microbial flora to the microbial flora of other people, surfaces and objects"*, a team of scientists wrote in the *Journal of Dermatological Science*. Our hands, are the "critical transmitter" for transmitting microorganisms, including viruses.

But, if it is no longer automatically and self-evidently accepted, what is it, that will replace the handshake as a symbol of post-covid social behavior?

Greeting with a fist, or shoulder to shoulder? Is it the traditional Japanese bowing, or the touch of the ... hat? Or is it the Vulkan "salute", greeting from Star Trek?

We are social beings. When we meet each other, we shake hands. We take our largest organ, our skin, and bring it in contact with the skin of the other person, naked.

At the time of the pandemic, we now understand how much intimacy, there is in this movement.

The human hand is fertile. In our palms, we host hundreds of different bacteria and viruses.

"Think about it" says Charles Gerba, Dr. Germ, a microbiologist and public health researcher at the University of Arizona. *"Every time you touch a surface you can collect 50% of the microorganisms that are on that surface."*

Our hands can carry Salmonella, E. coli, coronaviruses, adenoviruses, enteroviruses ...

Given the frequency with which scientists find traces of feces, on our fingers and palms, the hygiene habits we have are much less diligent than what we believe.

Bacterial effervescence! None of this can be seen with the naked eye.

So we rely on scientists and their microscopes to make visible the bacterial effervescence movements, that technically show us the dangers lurking in the simple touch of our fingers, in something as simple as the handshake.

Scientists can also show us viruses. These can be studied in animal cells, in a mosaic of infinitesimal semicircles that scientists often paint purple or red.

"The cells look wonderful, says Gerba, and then, when they die, they become colourless".

He studies the movements of viruses. He can put a virus in the office knob or in a hotel room or in someone's house. He says, it only takes four hours for a virus to be found on an office knob, to reach the hands and half of the surfaces of an office building or 90% of the surfaces of a house. A virus in a hotel room often moves from room to room and even in conference rooms.

Gerba says he stopped handshakes, during the first phase of the SARS epidemic in 2003. *"I always say I have a flu. So I don't have to exchange handshakes."*

Leading U.S. epidemiologist Dr. Anthony Fauci, has been of the same opinion since the pandemic took place. *"We are not shaking hands with anyone. It's clear"*.

Long, tight, warm ... Handshakes were a way for people to greet each other and be part of a ritual search for common ground. *"The handshake is the highlight of an agreement"*, said Dorothy Noyes, a professor of Folklore and Ethnology at Ohio State University.

Donald Trump's long, hard, handshake with French President Emanuel Macron in 2018, was a classic show of two males who wanted to dominate each other.

Our lives are "in shake"...

Let's start the change from the "handshake"... In any case most of them are...fake!

Salvation!



I CAN'T BREATHE!

“ The Distance between Minor and Small is huge!

The Distance between Solemnity and Stupidity is very short! ”

I could also add that:

“ The immunity of the herd, creates immunity for rational thinking ”

These indistinguishable lines, have been crossed over, by the producers of tv spots like:

“we stay home with our loved ones”, “we avoid public gatherings”, or “practice social distancing”.

Actors, singers, TV personas, journalists, have adopted, a threatening style with awkward humour, which guides-instructs us, like infants, or like sheep shepherds, not even like a goat that are more aggressive and inquisitive than sheep!

Louis-Ferdinand Céline, in his book *“Journey to the End of the Night”* describes an island with a plantation, in which African people and Colonialists, work under harsh conditions, saying that Africans had dignity, even if they worked with the threat of whipping, while colonialists, did not have dignity, worked on their own, just because that is how they learned in public herd schools! *Céline*, protests against the “dehumanization” of (working) life, showing how the abundance of capitalism is built on the misery of the poor.

The *“fear of death”*, along with the *“collective guilt”*, are created by the *“Big Brother”* systems, that their main propaganda is: *“all together we can”*, without of course clarifying, *how many are “all”*, *how much can all together do*, as most, usually hate *“to do things together”*, especially with the ones, who *“stripped”* and *“demolished”* the institutions that the *collective narratives*, established with struggles and sacrifices of Human lives, for the next generations to live harmonically and prosperous! The exact same *“Big Brothers”*, who connected happiness and then they *“mounted”* in the misery of a compulsory *coexistence*, regulated with *“submission”*, rapped with the Biblical words, such us: *“..be fruitful and multiply”*, fooling all of us, that the family has the upper hand, together with the Holy Submission, describing it as an *“imperative”* for the afterlife paradise!

The question is:

*“ What do “Big Brothers” do, at the same time?
How together are they with “all” the others ?
and how much do they believe in the ‘afterlife’ ? ”*

I have a feeling that the producers of such tv spots, are looking at us ironically and they are laughing viciously, about how few, hiding behind a tv screen, managed to persuade so many, to sit down like primary school students, writing instructions on how to kill the barbaric virus, before it kills us.

Still “most” of them, bluntly, in front of our tv screens, do not follow what they are preaching!

This magical device that transforms *“aphasic speakers”* into *“wise criers”* and all the other *“sciolist - smattering parrots”* into *“science experts”*, for the benefit of *public opinion*, who is not supposed to have an *opinion*, convinced us to *“stay home”* and die of *stupidity*, because we had no *herd immunity* and therefore had to acquire the *“Stupidity of a Herd”*.

We obeyed the plans and decisions of the *“Big Brotherhood”*, because *“the fear”* protects the weaker, the prey, proving that always a visible and sometimes invisible enemy, is able to control the herd, as the wolf lurks and usually prevails, not so much due to its physical superiority, but because of the *“mask of fear”* that accompanies the ignorance and obscurantism, of human thinking for centuries now. *Death*, instead of equipping *Thinking with Freedom*, *subjugates and enslaves*, like all the forces do, when equipped with *Violence* and *Barbarity*, they exercise, the ultimate *supremacy* of the victorious, over the defeated.

All of us in this pandemic have been “framed” as potential killers of the “others”, our neighbours, or our partner, since we would unknowingly spread the deadly virus even with our breath. All of us are “guilty”, no one is innocent, all of us convicted, ready to be crucified, while the “Pontius Pilates” of the “Big Brotherhood”, are spreading the message of the *resurrection* for a “new collective life” sacrificing our “individuality and freedom”, to save the rest of the “herd” so the rest will live “all together and loving each other”.

“ Don’t wait for the Last Judgment. It takes place every day.

There are always reasons for murdering a man.

On the contrary, it is impossible to justify his living.

That’s why crime always finds lawyers, and innocence only rarely. ”

- Albert Camus -

Death gives dignity to people’s lives and behaviours, as it forces them to equalize with each other for even a moment, even though, throughout their lives they are forced to believe that they were born unequal and different, unique and competitive, in an endless struggle for survival, where the “winner takes it all” and the “rest must catch up”.

We are a *cursed machine of desires*, where *greed* is called *ambition* and *slavery* is called *meritocracy*. Every human being and mostly every “system” is in the look for “slaves”, just like fresh air, to dominate means to breathe and to exist and domination has many, many faces!

Either dominating by loving the others, but also by terrorizing them, often “helping” them, as *charity is one form of power over the others who are weaker ,more vulnerable or poorer*, because they have no other option, than to accept it, without objection, fully submitted to the terms of the donor, thankful at the same time, even with embarrassment and humiliation!

“The Salvation of the Soul”, is a major achievement, and in the *Covid Era*, we all experienced this happiness of being pampered and spoilt, like babies in the crib and the “overprotective mother-feeder”, to “guide” and “shield” us from the evil virus that invaded our lives. The invisible threat of the *Pandemic*, while the instruction “Stay Home” became the visible friend, making us feel the *Prohibitions* and *Restrictions*, as a *Divine Blessing* and overnight become *equal, solidary, humble* but also humiliated, but happy that we still breathe, without the use of ventilators in an ICU, but in our homes, where domination changes hands every day, feeling grateful for the few cubic meters of oxygen we share behind closed doors.

A “happiness” dazzled by the adorned cult of boredom and the compulsory communication.

Following the sequence of the *negative dialectic*, if *Louis XVI* did not exist, the *Enlightenment* would not have taken place, so if this virus had not existed, society fragmentations and inequalities, struggles, poverty, the neglected and ignored *Human Rights*, could never had been “shielded” by love, care and solidarity, towards the dying or suffering populations and the elderly, nor would the global “couch potatoes”, the “shallow celebrities”, “The Wealth Barons”, would have been standing “empty”, in the balconies, to applaud doctors nurses and cleaners, weeping, dropping a few tears mixed with their expensive make-up and eyeliners, on their “Pradas”, “Armanis”, “Guccis”!

One of their “fake” tear drops, can feed a poor family, for more than a week!

...As if, they ever thanked them before!!!

The virus is not a solution, but is “The Solution”!!!

I CAN'T BREATHE!!! God Bless G.F. forever!!!



Rocks
are
Falling!



Between supporting the theory of “*herd immunity*” during the initial stage of the virus and the *Uprising* in Minnesota, there are obvious interactions and they all have to do with *D.T.*'s presence and mentality as a leader.

For years, it was a “*secret joke*” of *pop culture*, that no one ever expected to come true.

Some joked that one day a guy like *D.T.* would end up being the leader of the World ruling nation. When that really happened, fantasies and jokes are over and that we've seen it all! *D.T.* became overnight the World's leader, in real life. Not in a futuristic and surreal series. It was not a troll ... Usually trolls, contain a pleasant feeling, even if they tickle you.

In the case of the World leader, the feeling was just the opposite!

In fact, when serious developments happen, in a number of other areas, concerning the planet, the more critical times the planet is going through, the more *Leadership*, a World leader is called upon to maintain, then the more catastrophic it is, to have such a profile, as *D.T.*'s one.

It is a tragedy for the Planet when its leader, bases governing, on the logic of *international tensions*, *deviation*, *racism* and therefore *hatred*, between people and nations. It is evident, that when *hatred* is the *driving force of political existence*, then it will very easily produce uncontrollable and massive reactions, in critical moments, especially when spiced with irrationalism instead of diplomacy. At these times everything will work as a boomerang!

Between the horrific crisis that his nation experienced during the outbreak of the Pandemic and the horrific Unrest in Minnesota, which was similar in terms of mass and violence, the country has been living since 1992 and the famous Los Angeles uprising, there are good, valid reasons.

D.T. initially defended fanatically, the “*herd immunity*”, and then, *unwillingly* had to implement *lock-down*, while at the same time, he applied a *monetary support policy*, for the *upper classes* and a simultaneous devaluation of the *lower classes*.

Lower classes, saw the virus, becoming their fear and terror!

While the *rich elite*, was spending their time, in the *vast suburbs*, the numerous ghettos, were/are paying the price, of the *overpopulation* that their own *poverty*, has burdened them with and at the same time, *public health system*, was ostentatiously ignored by their leader.

The *assassination* of *George Floyd*, is a hallmark of a sharp turn of *racism* and *mentality*, within the society, over the past years. A “*trend*” that erupted as a reaction against Obama's presidency and then felt *released*, with the arrival of *D.T.* This hit the ceiling during the virus with allegations of *police violence* against African-American, by using the “*excuse*” for “*social distancing*”, daily.

It was expected that, very soon, someone would be killed by the police. The name was just missing!

The *domino* of all these events, has now led to a country experiencing a form of *civil war*.

Also, it was to be expected, as expressing “*views*” and *implementing policies that separate people*, that *exacerbate privileges and injustices*, ultimately, *push the poor to revolt at any opportunity*.

Have people across the World, finally realized the *huge importance* of the “*rational vote*”?

Democracy gives the right “to elect and to be elected” to everyone!

Society has the Right to raise its Voice, when, injustice takes place, from those who exercise power, against the Public Interest, especially with injustices and social inequalities!

Idiots don't realize, nor learn, from their own mistakes.

Smart people, learn from their own mistakes.

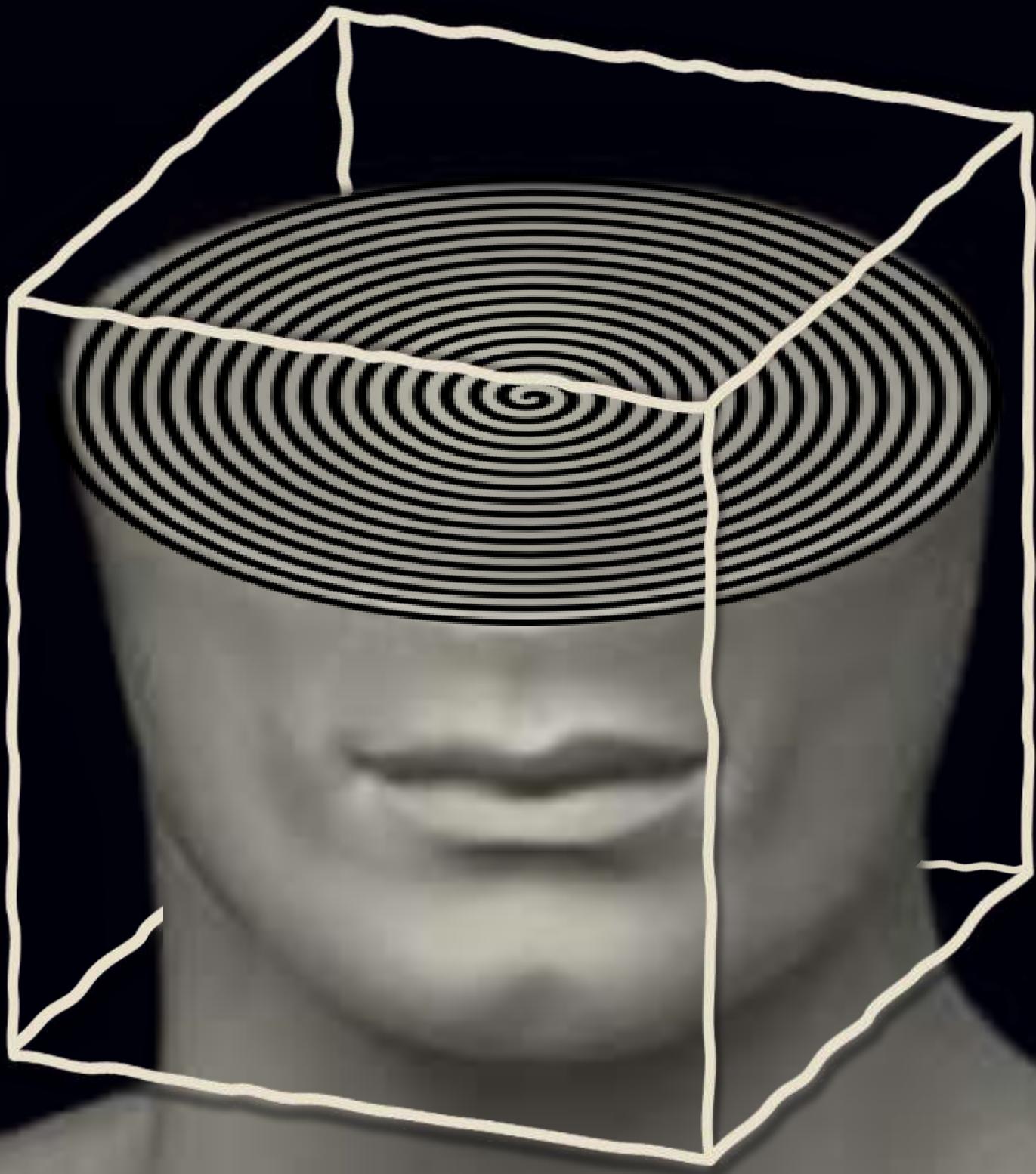
Wise, learn from all the others' mistakes!

WISDOM MUST LEAD! GOD BLESS G.F.!

is there a...

Vaccine

for... **Stupidity?**



As the first shock caused by the pandemic passes and we move towards the ease of restrictions, behaviours of public life, that existed long before the pandemic, have reappeared. Among them is the “anti-vaccine movement”, which, despite the obvious need to shield humanity against an uncontrollable danger, not only seems to remain unshakeable, but it gets strengthened in a climate of uncertainty.

While dozens of groups of scientists, are working feverishly internationally trying to advance their research to the second stage of human trials, we do not know when there will be an effective, safe and widely available vaccine.

So, we don't even know how, those who declare against it today will react.

The fighting spirit against vaccines, is only a part of an “*irrationality trend*”, that has plagued many countries, in recent years. This includes “*conspiracy theories*”, the refusal to accept the *climate crisis* and most recently, as we witnessed happening in United States, the *rejection of measures* aimed at controlling the pandemic.

The more this wave develops, the greater is the damage to society.

It is therefore necessary to find a "vaccine" for irrationality as well!

It is difficult to judge whether irrational behaviours are symptoms or the disease itself. Observing the changes that took place across the world, during the past two decades, we see how much political life has changed, as intense “*populism*”, is in full force, in the political debates! Whether it found a ready-made audience or cultivated it, the result is, that broadcasters and social media, have played a leading role in establishing, a climate of division in politics and managed to spread it into the society.

In this “denial” of institutions and experts, both reality and logic are undermined!

All we want to “*hear*” is what suits us! What we already believe. *Logic* doesn't fit here!

All we care about is who is talking and what “*sounds good*” to us. When this “*mentality*” finds “*fertile soil*”, the “*incompatible*” militancy is rewarded and strengthened by the “*chosen ones*”. Like in a mirror room, we see our own reflections!

Thus, we witness rationalism, science and intelligence, to be treated as heresies!

A symptom of a deeper disease, but it develops into a severe disease, as it aggravates the situation, as the need to cultivate division, to lie and to challenge the truly worthy reinforce the enemies of *logic, of knowledge and prudence*, everywhere.

The fact that *Democracy*, a legendary system of institutional “*controls and balances*”, can not “*tame*” the leader of populism, shows how much the disease has eroded.

The more they prevail, the more others are encouraged to question and undermine what does not suit their temper.

So it doesn't sound strange that George Washington University researchers' analysis model, concluded that anti-vaccination opinions will prevail in a decade (*Nature*, 5/13/2020).

Perhaps the new virus himself will put an end to the *arrogance of irrationality*. As long populists and idiots underestimate the dangers and their responsibilities, while undermining scientists and science, they are dragging their followers and countless innocent people into disaster.

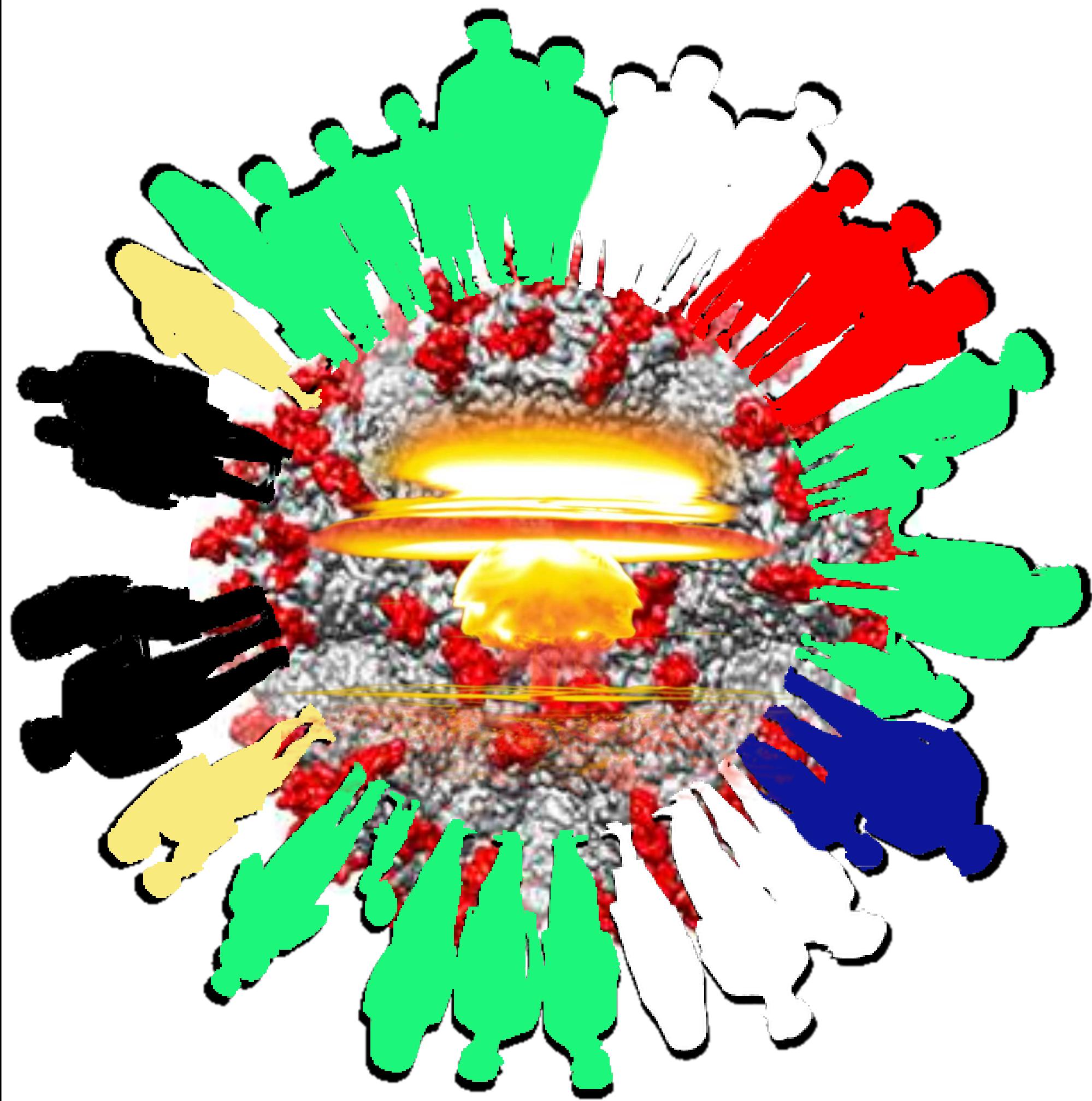
Let us wait and see if the pandemic, will force the devotees of stupidity to come to their senses, or if they will interpret the “*catastrophe*” as confirmation that they are victims of a “*conspiracy*”.

We should not wait, though.

Let's deal with them, by exposing their *stupidity*, so their followers will, eventually, see the light!

Truth and Logic, can not be muted for long!





THE
Health Bomb!

A "health bomb" in every neighbourhood ...

Once again, the state seems weak and hesitant to make critical decisions, trying to reduce the very high political costs and to satisfy "some", ignoring the major threat!

At a time when the virus is sinking countries and economies and the only figure that is climbing on a daily basis, is the one of new infections and deaths, the reaction of *The State Mechanism*, was generally very good!

The scientists came to the fore, set an example for the plan to "lower" the "curb of infections" taking the necessary measures to avoid situations like those in Italy, UK, USA and Brazil!

The government initially appeared to be following the instructions of the scientists, but at the critical time it backed down on a critical issue. That of places of Worship...

At the top of the governments' agenda across the world, is the outbreak of coronavirus and their efforts to control the curb of the spread of this pandemic. In this context, they are forced to take measures that are often not pleasant to anyone, not even government officials, but are considered necessary, though, highly unpopular. Examples of the postponement of major events, closing borders, flight embargo, curfew, compulsory PPE, are the most characteristic, but not the only ones.

However - while the majority of citizens seem to be obedient, even reluctantly, the government stepped back, on the sensitive issue of "*Religious Faith*", although the risk of transmitting the virus between the believers, is even higher, especially, due to the age group majority!

Faith, is a Human Right, an individual experience and a personal affair, but it has social impacts that go beyond the individual and concern the social whole.

In this context, *Religious Events*, can be turned into open battle fronts with Covid-19 and in fact with ideal conditions for it to win.

An enclosed space, full of people, who most, belong to the so-called *high-risk groups* and with practices such as, that of Holy Communion, can easily be turned into a *health bomb*.

At least, one more "*Health Bomb*" in each worship place in every neighbourhood, in every parish, is ready to explode and the count down time, is activated!

Religious Leaders and *Pastors* have every right to claim, for example, that the "*miracle of Holy Communion*" includes the non-transmission of diseases. It is *Their Right*, if this concerns an "*internal affair*", between people who share common views and beliefs. Obviously, it is also the right of individuals, including the members of the scientific, or medical community, to agree or disagree with any worship requirements. As long as, they do not confuse their two identities!!!

In short, if a heart surgeon, prays before holding the scalpel in his hands, there is no problem.

But if the way he experiences his *Faith*, is confused with his science, things change dramatically.

That is, if a surgeon decides that prayer is sufficient and the patient does not need an operation, claiming that "*God is Great*", one must intervene and revoke his license to practice his profession!!!

This "*someone*" who intervenes when identities, professions, beliefs and responsibilities, become more "*grey areas*" is called *The State* and it has the *absolute power*, on the basis of *The Laws* and *The Constitution*. This "*someone*", therefore, appears to have been very dynamic in a number of other bans, disregarding the *Public Opinion*, claiming that they are imposed for the *Public Benefit and Protection*, but appeared to be a "*negotiable observer*", submitting to "*requests*" that endanger more the *Health of its Citizens*.

Religious Leaders, are the only ones, that can get *The State* out of this difficult position...

A "*decision for self-protection*" by *Them*, would be the best for their own interests, as well as for the "*protection of the public*", since even those who would stand against such a decision, will adhere to it if *Religious Leaders* publicly and simply state, that when we say:

"Unto God, things that are God's" (Mark 12:17)

we do not mean that we will make God responsible, for the implementations needed to prevent a virus...

For such a thing, there are the scientists and in extension all of us, that were given the opportunity

By God Himself,
to use our logic and our judgment responsibly!



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